URBAN COUNSELING CENTER SURVEY AND DIRECTORY 1982

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University of Pittsburgh

October 11, 1982

Dear Colleague:

The results of the recent survey of Urban Counseling Center Directors have been compiled and are organized in the following way: *

- 1. The summarized group data of the participating centers. (p. 1-4).
- 2. Individual centers responses to selected items to assist in networking (p. 5-10).
- 3. Areas of director's consultation expertise (p. 11-12).
- 4. Counseling Center Directory; including address, telephone numbers, and areas of responsibility (p. 13-19).

No detailed analysis of the data is presented, but the following highlights might be of some interest.

- 1. Almost half the participating institutions charge some kind of fee for service. There is a strong skew to the right, so the median income of \$2,250 is perhaps the most meaningful measure of average income (item 1)
- 2. Of the 156 respondents, 26% presently have their own computer terminal (item 10).
- 3. Counseling and Placement are administratively linked in 18% of the centers (item 11).
- 4. Question #12 was badly worded, but write-in comments suggest that there is increasing competition between Counseling and Placement Centers for control for career counseling.
- 5. Movement toward greater mental health consolidation was noted on 25% of the responding campuses. Fifteen directors report mergers or merger consideration between student health, mental **Table**, health components and counseling centers.
- * Due to mailing errors a number of non-urban institutions were also surveyed and their data is included.

- 6. Item 14 suggests that about 80% of the centers responding keep case records for more than 4 years. Reasons vary and are often arbitrary, but APA and IACS guidelines are frequently quoted. Curiously APA Guidelines were used to justify keeping records for 5, 6, 7, 10, and 15 years.
- 7. Ten centers have had their records subpoenaed in the past year. Some of the reasons are listed on the survey form for your interest. It should also be noted that when subpoenaed, it is not always necessary to turn over the records. Two centers report that judges ruled privileged communication and that records were not turned over (item 15).
- 8. Six centers were sued in the past year. Most report cases still in progress and are too sensitive to make comment. One involved suicidal student who resisted pressure to get assistance. She sued the counselor involved. The judge ruled against her, and the state council of psychology upheld the psychological judgment that the case was serious enough to warrant intervention. The Case is now settled. (item 16.)
- 9. Of this year's respondents, 41% state that they have a policy for having an emotionally disturbed student removed from the residence halls and/or school. Only 32% of last year's respondents indicated such a policy. Some of these policies have been summarized and I will be happy to forward upon request. (item 17).
- 10. Over 50% of the directors reported an increase in the incidence of severe emotional disturbance on their campuses (item 18); 27% report an increase in victims of rape or violent crime using their centers (item 22); and 30% report that they have been asked to respond to a major crisis on campus in the past year.
- 11. Almost 75% of the directors surveyed expressed a willingness to consult on an issue, make a presentation, or conduct a workshop on another campus. These consultation areas which are identified on pages 11-12 suggest that considerable opportunity exists for professional exchange.

I do hope that this data and the directory are of some value to you. Please review it and send the attached evaluation sheet back to me at your convenience.

Sincerely, Hallagher

Robert P. Gallagher, Director University Counseling Center University of Pittsburgh

333 Schenley Hall Pittsburgh, PA 15260

Institution: RAW DATA OUTSIDE BRA	CKETS (PERCENTAGES INSIDE)
Director:	
Address:	
Telephone: ()	
	Data compiled on 156 respondents. Some of
Size of Student Body:	the later responses not calculated but include in directory data
2 (59.0%)Under of 10,000	in directory data
4 (41.0%)Over 10,000	
	in the contract of the contrac
Program Components:	
1.151(96.8)Psychological Services	6. 15(9.6) Coop Education or Experiential
2. 59(37.8)Psychiatric Consultation	Education Program
3.124(79.5)Career Development	7. $\frac{60(38.5)}{1}$ Learning Skills Center
4. 35(22.4)Placement	8.32(20.5) Women's Center (or Sponsored Services for Women)
5. 35(22.4)Handicapped Student Service	
5. 3 <u>3(22.4</u>):22:22-03:	9. 54(54: 5) Other 1212 113366 111 0116661
 Does your center charge a fee for of its services. 	r any $yes \frac{76(48.7)}{100} no \frac{80(51.3)}{100}$
2. If yes, would you check the serv	ices
that are fee based, and indicate per session, consult, or program	
	/ _b fee
a. Counseling of students	9 (5.8)
b. Counseling of non students	22 (14.1)
c. Testing of students	34 (21.8)
d. Testing of non students	52 (33.3)
e. on-campus consultation	6 (3,8)
f. off-campus consultation	6_(3.8)
g. Learning skills-on campus	9 (5.8)
h. Learning skills-off campus	4 (2.6)
i. Other	17 (10.9)

3. Could you indicate approximately how much money is brought in to your center through these fees N=69 . (Fee data will not be reported by individual institutions, only as group data.)

range = \$20,00 ---- \$90,000 mean = \$11,650 ---- median \$2,250

4.	Do you collect third party payments for any of these fees?	yes 14 (9.0) no142(91.0)
5.	Do your services receive any support from a mandatory student fee?	yes 44(28.2) no112(71.8)
6.	Are your services supported by any type of student insurance program?	yes 7 (4.5) no 149 (95.5)
7.	If any of the above apply to you, does it seem likely that there will be an even greater emphasis on fee generating activity in your center during the next few years?	of the 52 who responded 27 or 51.9% responded yes no
8.	If none of the above apply to you, is there any indication of a move in this direction on your campus in the next few years?	of the 99 respondents 31 31.3% responded yes yes no
9.	Does your center make use of a computer for:	
	a. Record keeping	yes 49(31.4) no 107(68.6)
	b. Information storage/retrival	yes 56(35.9) no100(64.1)
	c. Career Counseling	yes 35(22.4) no121(77.6)
	d. Other (Please elaborate) Research (5%)	yes 26(16.7) no130(83.3)
	testing (5%) Evaluation (4.5%)	
4		(1/26 2) 115/72 7)
10.	Does your center have it's own computer terminal:	yes 41(26.3) no 115(73.7)
11.	Are Counseling and Placement administratively separate on your campus?	yes 128(82.1) no 28(17.9)
12.	If separate, has Placement expanded its interest in doing career counseling, thus reducing the career counseling load in your center?	yes 51(41.1) no 68(58.9)
		not applicable 37(23.7)
13.	Has there been any movement toward consolidation of mental health services on your campus? Please comment if anything significant is happening.	yes 29(25.0) no 109(69.9)
	7 centers report psychological services now handled by Health Center. 2 leaning in this direction 5 Centers report mental health component moved	(8 did not respond)
	to counseling Center. 1 Leaning in this direction	
14.	How long do you keep case records in your center?	
	6 mo - 1 yr. = 2(1.4) none kept = $5(3.4)$	<u>) </u>
	1 - 3 yr. =15(11.5) not decided = $4(2)$	2.7)
	4 - 5 yr = 68(45.9) depends on staff	= 3(2.0)
•	$\frac{4 - 5 \text{ yr.} = 68(45.9)}{5 \text{ yr.} + = 49(33.1)}$ destroy at end =	2(1.4)

Reasons vary but IACS, and APA Guidelines are frequently mentioned

Have any case records been subpeonaed in your center in the past year? If yes could you please comment as to circumstances.	_{yes} 10(6.4)	no 142(93.4)
1. Subpeonaed but records not turned over when judge ruled priviledged communication (2 cases)		
2. Child custody (2 cases) 3. Disability Determinat 4. Testing results from codet years for an officer with 5. Suit for sexual harrassment against university		ng vietnam war
Has anyone brought suit against your center or a center employee in the past year?	6 (4.0) yes	148 (96.0)
Comment if appropriate.		
Does your school have a policy for having an emotionally disturbed student removed from the		
residence halls and/or from school (other than committment)? (If this policy was developed in the last year, would you send us a copy?)	yes 61(40.9)	no 88 (59.1)
Has there been any noticeable change in the incidence of severe emotional disturbance on your campus in recent years?	Increase $\frac{83}{3}$ Decrease $\frac{3}{3}$ About the $\frac{5}{3}$	(2.0)
Has your Center undergone any major organizational changes in the past year? If yes, please explain.	yes 40(26.3)	no 112(73.7)
Loss of staff (4), increased staff (3), administration	ve	
changes from above (3) internal reorganization (8) added or absorbed new services (12), Lost some programs (5)		
Does your center provide evening counseling hours for students? If yes, how many evening hours a week are you openmean approx. 7 hours	yes82(53.2)	no 72(46.8)
Does your center provide weekend counseling hours for students? If yes, how many weekend hours a week are you open mean 4.5 hrs.	yes11(7.1)	no 143(92.9)
Has there been an increase in victims of rape or other violent crimes using your center in the past year?	yes42(29.0)	no 103(71.0)
Has your center been asked to respond to any major crisis on campus in the past year? Please comment if yes. Center's response to following frequently occur with		no 106(69.7)
other students affected by incidents as well as by the directly involved suicidal gestures (most schools) st		es (5)
psychotic behavior, nonviolent (7), violent (5), Home	icide(5) variety	of other
incidents including psychotic student in chancellor's	s office	•

24.	Is there a limit to the number of sessions a client may have in your center? If yes, what is the limit?	∠ 10 (24) 10-15 (13) 16-20 (5)	yes 40(25.6) no 116(74.4)
25.	Would you be willing to visit another center to consult about an issue, make a presentation, or conduct a workshop?	school yr. (1)	yes 110(74.8) no 37(25.2)
(If so, please indicate the areas of expertise that you would be willing to consult about, or present. See attached chart		
		,	

Please return as quickly as possible so that the data can be tabulated and returned to you. Return to:

Robert P. Gallagher, Director University Counseling & Student Development Center University of Pittsburgh 205 Schenley Hall Pittsburgh, PA 15260

(Please make a copy of the questionnaire for referral when the results are returned)

INDIVIDUAL CENTER RESPONSES TO SURVEY ITEMS

		Fee For Services	Third Party Payments	Mandatory Student Fee	Student Insurance Program	Movement Toward Income Generation	Computer Terminal	Counseling and Placement	Mental Health Consolidation	Case Records Subpeonaed	Suit Against Center	Policy on Withdrawal of Students	Evening Hours	Weekend Hours	Increase in Victims of Violence	Respond to Major Crisis	Time Limits on Therapy
1	. Alabama State Univ.	х											х	х	х		
2	. Alcorn State Univ.							1									
3	Alfred University	х						x									
4.	American University											x	x				
5.	Auburn University							х	х								
6	Baldwin - Wallace College	х		х	х		•		X						х	х	
7	Belleville Area College			-									X	 			
8	Benedictine College														Х		х
9	Boston University .	Х						X						 	Х		x
10	Brigham Young University					х			х	х		х			х	х	x
11	Calif. Polytech. St. Univ.	х	х	х			x		Х						х	х	×
12	Calif. State Univ.			Х									х		х	х	x
13	Calif. State (Fullerton)	4.0		х			х	х	х				Х			х	-
14	Calif. St. (Long Beach)			v			1										
15	Calif. St. (San Bernardino)			X X			Х	x					Х			X X	x
16	Carlton College	х		х												Α	
. 17	Carnegie - Mellon Univ.						X										x
18	Cath. Univ. of Amer.	х													X	х	
19	Central State Univ.	х	х	х										,	Λ		х
20	Chicago State Univ.						-						x			х	
21	City Col. of New York						X				х		х			Α	1.41
22	Clemson University					х			х			x	X	x	v	¥	
23	Cleveland St. Univ.			х		х	X									•	
24	Col. of Saint Teresa			х					х				x				
25	Col. of William & Mary	х	,	х								х				х	
26	Colorado St. Univ.					х							Х				х
27	Columbus College				11 121			х									
-	Creighton Univ.	х		х .						х	ж	Х	Х		Х		
-	Dickinson College				Х			Х							X		
30	Drake University			:			х					X				х	
31	Eastern Ill. Univ.					2					Х						

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		Fee For Services	Third Party Payments	Mandatory Student Fee	Student Insurance Program	Movement Toward Income Generation	Computer Terminal	Counseling and Placement Combined	Mental Health Consolidation	Case Records Subpeonaed	Suit Against Center	Policy on Withdrawal of Students	Evening Hours	Weekend Hours	Increase in Victims of Violence	Respond to Major Crisis	Time Limits on Therapy
3	Eastern MI. University					х	х		Х.							Х	
. 3:	Eastern State University					Х						х	Х	Х			
3	East Texas State Univ.			х					Х		•		х	X			
35	Eastern Wash. Univ.						Х					Х			Х	X	Х
36	Elmhurst College	х		х													
3	Emmanuel College			. х				х					X	х			
38	Evangel College	X				X		Х					Х			Х	X
39	DeKalb College	х	7	Х			х						х			Х	
40	Farleigh-Dickinson U.(Madi.)			Х									Х			X.	
4	Farleigh-Dick. U. (Ruther.)	Х											Х				
4	Florida A&M Univ.						х					х	Х	х	Х	х	
4	Fordham University						х						Х		х	Х	
44	George Williams College	х						х	Х				Х			х	х
45	Georgia Institute of Tech.					х	х								Х		
46	Georgia State University	х					х						, х				
47	Governors State University						х	х	X				Х				х
48	Grand Valley St. College			÷			х	х					х		Х	х	х
49	Howard University	x	х				х	х	x			· х	х	х	х	х	
50	Ill. Institute of Tech.	x						144	x								
51	Indiana - Purdue Univ. at Fort Wayne	x		_			х		x			х	Х				х
52	Indiana State University					X			•		X	X					
53	Iona College																
54	Iowa State University	Х										X ,	X	·	x		
55	James Madison University											Х					_x
56	Johns Hopkins University	X	X		х		х						X		Х		
57	Kentucky State University							X.					X	. х		х	•
58	La Salle College	Х							Х			X					Х
59	Laval University			Х									Х				Х
60	Lehigh University	х				х						Х			Х	Х	-
61		х		х			-	х				Х .					
62	Livingstone College								X		at .						

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	63 Loretto Heights College							х								X	
	64 Loyola College					х			X.			х					
	65 Loyola University	х		х	-			. х	· ·				X				
	66 Mansfield State College			х				х					Х				
	67 Marietta College			-			х	х									
	68 Marquette University	х	1.			х						х					
	69 Memphis State University	х										Х	. х				
	70 Memorial Univ. of Newfoundland																
	7 Millersville State College	X	 		-		х					х	Х		İ		
	72 Mississippi State University	х										Х					
	73 Montana State University	x												-			X
	74 Morehead State University	х				Х										х	
	75 Murray State University	X	х					х				Х		 	х	х	
	76 North Carolina Central Univ.												Х	 	 		
	77 Northeastern University	х											X	 	х		x
	78 North Texas State Univ.	Х										х	X	 	-	х	х
tan terminakan di kecamatan di Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn	79 North Wisconsin University - LaCrosse						х								х		
	80 Ohio State University	Х					X			Х		х	X		1 -	x	
	81 Pace University			х					х			х	х	٠			X
	82 Princeton University	х															
	83 Purdue University	Х				х						Х					
	84 Rhode Island College			х								х	Х				
	85 St. Clair College of Applied Arts & Tech.	Х	X		Х								X.	 			
	86 Rutgers College	х				. х								ļ	<u> </u>		Х
	87 St. Louis University	X	х						.				х		X_	х	
	88 San Francisco State College			Х			Х					Х	Х	<u> </u>	Х	х	
	89 Simmons College					х						ļ		 	<u> </u>	-	
• • • • • • • • • • • • • • • • • • •	90 Simon Fraser University								Х						X	х	
	91 Southeastern Mass. Univ.			X								 	ļ	 	 	ļ	
	92 Southern Methodist Univ.	х		Х								X		 	<u> </u>		Х
	93 Southern Univ.in New Orleans							х					х				

	ee For Services	Ihird Party Payments	Mandatory Student Fee	Student Insurance Program	Movement Toward Income Generation	Computer Terminal	Counseling and Placement Combined	Mental Health Consolidation	Case Records Subpeoned	Suit Against Center	Policy on Withdrawal of Students	Evening Hours	Weekend Hours	Increase in Victims of Violence	Respond to Major Crisis	Time Limits on Therapy
94 St. Joseph's University	X		- S. 60				X		<u> </u>			X	T =			
95 State Univ. College of Arts and Sciences, Potsdam, N.Y.	Х					X.					х	Х			Х	
96 State Univ. of New York at Bingmanton											Х					
9 State Univ. of New York at Fredonia				•	х			х				х			х	
98 Stephens College	х				X						х					х
99 SUNY					X			х			х	X				
100 Suffolk University						X			Х		х	Х				
101 TN. State University		х										х				
102 Texas A & M Univ.	x		х					х			X	Х		х	Х	х
103 Texas Tech. University	х		х									X				
104 The George Washington Univ.	х	х	<u> </u>	х		-					х	X			х	х
105 Towson State University						х		ж			Х	Х				Х
106 Tufts University	х				х			х			X		 		х	
107 Tuskegee Institute											X	X	X			
108 Union College				,							х	/				
109 U.S. Coast Guard Academy						х		Х	Х		Х	х	х		х	<u> </u>
llC Univ. of Akron					Х							X	х	х	1.	
lll Univ. of Alberta											х	х				
112 Univ. of Arizona	х											х		: x		
ll Univ. of British Columbia								х				X				
114 Univ. of Calgary					х						. х	X	х	х		х
115 Univ. of Calif Davis			X		Х	X		Х			Х				х	
116 UCLA	X		Х					X				X				
ll) Univ. of CalifSanta Cruz	х		х			Х		х						<u> </u>		х
118 Univ. of Cincinnati University of Colorado	х	Х	х	х				х								
at Denver							. :				х	X	ļ		 	-
120 Univ. de Montreal	Х		Х				Х	X		Х	ļ	Х	ļ			X
121 Univ. of Florida	1.	P		·	Х				ļ		Х	X X		Х	<u> </u>	
Univ. of Georgia	X	Х	Х			· ·			 	1.0	<u> </u>				-	x
University of Illinois at the Medical Center	Х		x					X		x	 			ļ		X
124 University of Louisville	Λ		^					^		1					1	

		Fee For Services	Third Party Payments	Mandatory Student Fee	Student Insurance Program	Movement Toward Income Generation	Computer Terminal	Counseling and Placement Combined	Mental Health Consolidation	Case Records Subpeonaed	Suit Against Center	Policy on Withdrawal of Students	Evening Hours	Weekend Hours	Increase in Victims of Violence	Respond to Major Crisis	Time Limits on Therapy
125	University of Maine					х	х									х	
126	University of Manitoba	х				х							Х	-			
127	University of Massachusetts			х	X		х		х	Х			X				
128	University of Miami	X		Х			Х					х	X	х			
129	University of Michigan			х								· х				х	х
130	Univ. of Michigan - Dearborn	х						х					X				
131	Univ. of Minnesota - Mpls. & St. Paul	х					X								Х	х	• .
	Univ. of Mississippi																
133	University of Missouri			х									X				Х
134	University of Montana	х						х	. '			х					
135	Univ. of Nebraska - Omaha	х											Х				
136	Univ. of New Hampshire	х		х		х									Х		
137	Univ. of Nevada - Reno	х							X			Х					
138	UNCC	х													х	х	
1 39	University of Northern Colorado	X.					х		X								х
140	University of Pittsburgh	х							х			х	х		х		
141	Univ. of Puget Sound											х	х	х	х	Х	х
142	University of Rochester								х			х	х			х	х
143	Univ. of Rhode Island	х				х	х	х						۳	Х		х
144	Univ. of San Francisco	х		х					X	X	· · · · · · · ·		х		Х	х	
145	Salem State College												X		Х	Х	<u> </u>
146	Univ. of St. Thomas			Х								Х					
147	Univ. of South Carolina	х					X					х			X		
148	Univ. of Southern Maine	х				х	Х	х				ļ	х		Х	Х	
	University of Tennessee - Knoxville	х										Х				Х	
150	University of Texas - Austin						Х	Х	•	х		<u> </u>	Х				
t	University of Utah	х	х				Х		Х				Х	Х	<u> </u>		
ŀ	University of Waterloo University of Wisconsin -						X					 				Х	
133	Green Bay University of Wisconsin -	X X	X	x			X		X			X	X			 	
155	Madison University of Wisconsin -	A .		x			X			-	-	x			-	х	
1.7	Mi lwaukee						^					<u> </u>			<u> </u>		

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		Fee For Services	Third Party Payments	Mandatory Student Fee	Student Insurance Program	Movement toward Income Generation	Computer Terminal	Counseling and Placement Combined	Mental Health Consolidation	Case Records Subpeonaed	Suit Against Center	Policy on Withdrawal of Students	Evening Hours	Weekend Hours	Increase in Victims of Violence	Respond to Major Crisis	Time Limits on Therapy
156	University of Wisconsin - Oshkosh	<u> </u>					х								1		l. I
157	University of Wisconsin -	х			:		х			•		х					
158	University of Wyoming			х								х					Х
159	Vanderbilt University	х	х							х		Х					
	Virginia Commonwealth Univ.					X						х	х		X	Х	
16	Voorhees College											X	х				
162	Washburn University					Х							<u> </u>		х	· X '	
163	Washington University					,							X		х	х	х
164	Wayne State University	х					Х		х								
165	West Texas State Univ.	х		Х											х		
166	West Virginia Institute of Technology			X			.:					х					
167	Wichita State University	х .	х	х	х					х		х	'n				
	Worchester Polytech. Insti.																
	Wright State University	x					,			S		х					
	Youngstown State University	· · · · · ·					х						x				
	Kean College on New Jersey												·X				
	South Carolina State College												X				
173	University of Maryland -					х	X		x			х				х	х
	Raltimore County University of Denver	x					х	х	x			х		*		x	
	University of Ottawa	x				x						^	X X			^	
					_												
176	West Virginia University	X	Х	Х		Х						Х	Х				
							· · · · · · · · · · · · · · · · · · ·										
		<u> </u>					<u> </u>		·								
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		.	<u> </u>		,							<u> </u>					

CONSULTATION POSSIBILITIES

Directors expressed a willingness to consult with other Centers on the following topics: (Bracketed numbers indicate consultants)

I. Administrative Issues

- 1. Accountability (126,149)
- 2. Accreditation (100,112)
- 3. Budgeting Issues (159)
- 4. Comprehensive Services (44, 65, 107, 140)
- 5. Coordination of Services (50)
- 6. Data Base Systems (125)
- 7. Emergency Policies (84)
- 8. Evaluation (140)
- 9. Financial Survival (84, 119)
- General Administrative Issues (4, 11, 26, 54, 56, 70, 99, 114, 128, 148, 159, 170)
- 11. Goal Setting (68)
- 12. Grantsmanship (167)
- 13. Income Generation (87, 118, 151, 127)
- 14. Legal Issues (26, 52)
- 15. Managerial Styles (22)
- Organizational Structure or Development (16, 80, 99, 103, 117, 126, 129, 147)
- 17. Politics of Running a Center (109)
- 18. Professional Standards (100)
- 19. Reorganization (163)
- 20. Small Center Organization (165)
- 21. Staff Management Problems (112)
- 22. Staff Selection (149)
- 23. Walk-in Facilities (165)

II. Counseling Therapy Issues

- 1. Adolescent Development Theory (106)
- 2. Art Therapy (104)
- 3. Assessing Readiness for Psychotherapy (106)
- 4. Athlete Counseling (23, 145)
- 5. Biofeedback (157)
- 6. Brief Psychotherapy (9, 111, 118, 120)
- 7. Couples Counseling (46, 71)
- 8. Counseling Ethics (54)
- 9. Counseling Gay Student (111)
- 10. Counseling Men (143)
- Counseling Rape and Assault Victims

 55, 143)

Counseling Therapy Issues Con't.

- 12. Counseling Research (42)
- 13. Crisis Intervention (18, 44, 57)
- 14. DSM III (129)
- 15. Eating Disorders (26, 31, 79, 90, 116, 120, 143, 152)
- 16. Family Therapy (156, 159)
- 17. Group Counseling (49, 64, 157, 158)
- 18. Hypnotherapy (117, 154)
- 19. Molecular Psychiatry (28)
- 20. Peer Counseling (2)
- 21. Peer Review (129)
- 22. Psychological Assessment (23, 32)
- 24. Psychopharmacology (18)
- 25. Psychotherapy with Health Professionals (123)
- 26. Relaxation Groups (84)
- 27. Returning Women (39, 49)
- 28. Self Help Tapes (87)
- 29. Sexuality Issues (1, 130, 180)
- 30. Suicidal Students (18, 42, 78, 96, 169, 118, 125, 139, 152)
- 31. Use of Psychiatric Consultants (37)

III. Programming

- 1. Alcohol/drug abuse (57, 71, 79, 94, 148)
- 2. Burnout (10, 11, 95)
- 3. Commuters (100)
- 4. Conflict Resolution (46)
- 5. Consultation/Outreach Programming (11, 36, 89, 150)
- 6. Death and Dying (42, 112, 116, 139, 154, 160)
- 7. Emergency Liason Teams (12)
- 8. Employee Assistance Programs (94, 138)
- 9. Human Potential Seminars (61)
- 10. Human Resources Management (114)
- 11. Leadership Tranining (2)
- 12. Mental Health Programming (129)
- 13. Multi-Media Approaches to Student Development (96)
- Outreach Programming (General) (11, 34, 68, 72, 91, 123, 150, 159)
- 15. Paraprofessional Training (76, 90)

Programming Cont.

- 16. Procrastination (61)
- 17. Program Development (26, 54)
- 18. Programming for Mature Students (128)
- 19. Self Concept Enhancement (39, 158)
- 20. Self Hypnosis Program (158)
- 21. Social Skills (141)
- 22. Staff Development (54, 68)
- 23. Stress Management (4, 10, 12, 57, 84, 94, 103, 122, 141, 152)
- 24. Team Building (22)
- 25. Team Supervision (117)
- 26. Test Anxiety (61, 166)
- 27. Training Facility to Cope with Student Problems (12)
- 28. Transition-High School to College (81)
- 29. Tutoral Services (69)
- 30. Underachiever Program (61)
- 31. Use of volunteers for Center Programming (96)
- 32. Violence on Campus (1)
- 33. Weight Reduction (120)
- 34. Wellness Programming (95)
- 35. Wilderness Trips for Personal Growth (141)
- 36. Workshop Development (50, 64)

IV. Career Development

- 1. Academic Advising (9, 76, 107)
- 2. Career Development Programming (29, 47, 65, 69, 70, 80, 82, 105, 158)
- 3. Placement Center Issues (65, 140, 148)

V. Establishing Relationships with Other Offices

- 1. Career Planning and Placement (149)
- 2. Psychiatric Services (105)
- 3. Department of Psychology (159)
- 4. General Campus Relationships (4, 167)
- Collaboration with Other Student Affairs Offices (77)

VI. Other

- 1. Assessing Students' Stress (94)
- 2. Commuter Issues (100)
- 3. Developmental Issues (101, 163)

Other Cont.

- Developing a Comprehensive Student Development Program (69)
- 5. Epidemiological Research (151)
- 6. Handicapped Services (147)
- 7. Learning Disabilities (26)
- 8. Learning Skills (36, 61, 70, 84, 120, 140)
- 9. Microcomputer Applications (78)
- 10. Needs Assessment (47, 95)
- 11. Preventive Services (151)
- 12. Research on Counseling and Student Affairs (42)
- 13. Resisting Psychiatric Units Attempts to take over Center (106, 140, 142)
- 14. Role of Counseling Center in Higher Education (156)

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