

National Survey of College Counseling Centers 2014

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Project Support

This project could not be accomplished without the financial support of the Provost's Office at the University of Pittsburgh, the space provided by the School of Education's Department of Administrative and Policy Studies, and the assistance of the Technical Support Office.

Funding has also been generously provided by the American College Counseling Association (ACCA). ACCA actively promotes ethical professional counselor practice and training in higher education settings. ACCA also offers opportunities for advocacy and leadership, provides continuing education, facilitates communication within the profession, funds and disseminates research, and publicly recognizes meritorious contributions to the profession.

ACCA Website: www.collegecounseling.org

The publisher of this monograph is the International Association of Counseling Services (IACS). As the accrediting agency for counseling centers in a wide variety of settings, the primary objective for IACS is the maintenance of quality service delivery. The basic purposes of the Association are to encourage and aid counseling centers and agencies to meet high professional standards, to inform the public about those that are competent and reliable, and to foster communication among the centers and agencies.

IACS Website: www.iacsinc.org

Overview

The National Survey of College Counseling Centers (formerly the National Survey of Counseling Center Directors) has been conducted since 1981 and has included data provided by the administrative heads of four-year college and university counseling centers in the United States and Canada. The purpose of the survey has been to stay abreast of current trends in college counseling and to provide counseling center directors with ready access to the administrative, ethical, and clinical issues faced by their colleagues in the field.

Highlights of these data will be provided followed by the full statistical data collected from both two-year and four-year institutions. This report will be available at the following sites.

ACCA Website: www.collegecounseling.org

IACS Website: www.iacsinc.org

2014 National Survey of College Counseling Centers (N=275) Highlights

Complete survey data will follow the highlights in two formats. The first report will provide breakdowns by institutional size. The second will show comparisons between 4 yr. and 2 yr. institutions.

1. 65% of responding directors are women, up from 60% in 2013 and from 29% in 1982. 70% of center staff are women. 34% of directors identify themselves as counseling psychologists, 27% are professional counselors, 22% are clinical psychologists, 9% are social workers, 3% are mental health professionals and four directors are student personnel administrators. Other demographics are available in the body of the report.
2. 4.7% of counseling centers charge a fee for personal counseling. This is down from 10% in 2003 and from its peak of 17% in 1996. The mean fee charge was \$20 and the mean income was approximately \$90,000. Only 2.6% of centers collect third party payments. (Items 1-4.)
3. 40% of centers are supported either partially or fully by a mandatory fee; 21% comes from student health fees, 17% from general student life fees, and 2% from a fee specifically identified as a counseling center fee. (Item 5)
4. The 275 centers surveyed represent 3.3million students eligible for counseling services. 11% of these students sought counseling during the year for individual or group counseling. In addition, 30% of the students from the surveyed schools were seen in other contexts by counseling center staff (workshops, orientations, presentations, etc.). (Items 6-7-9)
5. The ratio of counselors to clients, on average, was 1 to 2081 students with smaller schools having much better ratios. This ratio is elevated because of the inclusion of two-year school ratios. (Item 9)
6. Centers report gaining 94 and losing 30 staff positions in the past year. (Items 10-11)
7. 30% of centers report that (with some exceptions) they limit the number of counseling sessions students are allowed. 43% do not have a specified limit on sessions but promote their center as a short-term counseling service, and 28% tend to see students as long as it takes to resolve the student's presenting issues but will make external

referrals when deemed clinically advisable. (Item 12)

8. 40% of centers do a pre-assessment before assigning a client to a counselor. Of these, 13% use a telephone assessment/intake system, 6% use a computerized system, 10% have one or more specialized triage counselors, and 65% report that all staff counselors have some intake/assessment responsibilities. (Item 14)
9. 38% of centers generate a DSM-IV type of diagnosis on most clients, 6% do so on about half their clients, 18% provide such a diagnosis on a small percentage of clients and 38% report they do so never, or rarely. (Item13)
10. Few 2-yr. center clients have access to on-campus psychiatrists (7%). 58% of 4-yr. institutions have such access. Among the latter centers, the number of psychiatric consultation hours available per campus has gone from 24 hours in 2013 to 38 hours in 2014. The number of consultation hours per 1,000 students has almost doubled from 2.3 to 4.5 hours. (Items 18-21)
11. 86% of directors report that there has been a steady increase in the number of students arriving on campus that are already on psychiatric medication. (Item 20)
12. 14% of center clients are referred for psychiatric evaluation and 26% are on psychiatric medication. The latter is up from 20% in 2003, 17% in 2000, and 9% in 1994. (Items 21-22)
13. 94% of directors report that recent trends toward greater number of students with severe psychological problems continue to be true on their campuses. The following percentages of directors also noted increases over the past 5 years with these problems: (Items 23-24)
 - a. 89% Anxiety Disorders
 - b. 69% Crises requiring immediate response
 - c. 60% Psychiatric medication issues
 - d. 58% Clinical Depression
 - e. 47% Learning disabilities
 - f. 43% Sexual Assault on campus
 - g. 35% Self-injury issues (e.g. Cutting to relieve anxiety)
 - h. 34% Problems related to earlier sexual abuse
14. Directors report that 52% of center clients have severe psychological problems (up from 44% in 2013). 8% of these have impairment, so serious they cannot remain in school, or can only do so with extensive psychological/psychiatric help. 44% experience periods of severe distress (depression, anxiety, panic attacks, suicidal ideation etc.) but can be

treated successfully with available treatment modalities. In schools over 15,000, percentages are higher with 59% of clients having severe problems, 50% of whom are successfully treated and 9% that cannot remain in school or can do so only with extensive help not generally available. (Item 26)

15. Centers have taken the following actions to help handle the growing demand for services and the increased complexity of student problems: (Item 27)
 - a. 64% increased the amount of time in training faculty and others to respond helpfully to students in difficulty and to make appropriate referrals. (73% at large schools)
 - b. 55% expanded external referral networks. (65% at large schools)
 - c. 53% served on interdisciplinary committees aimed at the early identification of troubled students. (62% at large schools)
 - d. 49% increased training for staff in working with difficult cases.
 - e. 40% offered psycho-educational assistance on a web page. (50% in large schools)
 - f. 29% increased part-time counselors as needed. (52% in large schools)
 - g. 26% Increased counseling staff. (45% in large schools)
 - h. 20% increased psychiatric consulting hours. (35% in larger schools)
 - i. 14% increased training for staff in time-limited therapy. (17% in large schools)
 - j. As in 2013, Other actions taken include more off-campus referrals, expanded crisis services, providing campus suicide prevention gatekeeper training, and providing skills training for clients to help them learn to tolerate and manage mild-to-moderate emotional discomfort without medication.
16. 90% of centers hospitalized an average of 9 students per school for psychological reasons. The average number of hospitalizations per 1,000 students was 1.5. (Items 28-29)
17. Directors reported 125 student suicides in the past year. (Items 30-43)
 - a. 86% of these had not sought counseling center assistance.
 - b. 70% were males, and 80% were undergraduates.
 - c. 29% of the suicides occurred on or near campus.
 - d. 77% were Caucasian, 4% were Latino, 4% were African-American, 11% were Asian or Pacific-Islanders and 4% were multi-ethnic.
18. To the extent it was known:
 - a. 61% of the students who committed suicide were depressed, 21% had relationship problems, 11% had academic problems, 5% had legal concerns, and 2% had financial problems.
 - b. 27% committed suicide by firearm, 25% by hanging, 15% by jumping, 9% by toxic substances, and 25% by other means.

- c. 42% of the suicides occurred on a weekday and 58% on weekends.
 - d. Lowest months for suicides-(Under 5) were May, June July, August, September and November.
 - e. Highest suicide months (Over 10) were January, March and April.
19. 83% of responding centers state that they maintain the right to refuse treatment to a student whose problems are beyond the capabilities of center staff. However, if the student refuses an outside referral and believes it is his or her right to be seen at the center, only 46% of centers would deny treatment to the student. Adding to the confusion, 68% of centers state that they have written policies covering such situations and 43% indicate that their policy has been approved by their institution's legal counsel. (Items 44-47)
20. Percentage of time, on average, that centers spend on the following: (Item 48)
- a. 76% Personal counseling or psychotherapy
 - b. 7% Academic counseling
 - c. 5% Career counseling
 - d. 12% Other
21. 96% of centers have a counseling center web site. All of these centers use the site to provide information about center services, 70% provide educational information on psychological issues, 10% offer career counseling information, and 17% utilize it for other purposes. On average, these centers report 206,000 website hits per center. (Items 49-51)
22. Directors report that 9% of their clients are referred to external practitioners for more specialized treatment. Since respondents could choose more than one reason for the referral, percentages for the provided reasons add up to more than 100%. (Items 52-53)
- a. 82% Students require longer-term therapy than the center can provide
 - b. 66% Staff lacks expertise to work with some clinical issues
 - c. 33% Student's insurance covers private treatment
 - d. 15% Other
23. In response to questions on evaluation forms, 65% of center clients report that counseling has helped them to stay enrolled at their institutions and 64% indicate that counseling has helped with their academic performance. This information is encouraging since most students who seek help at counseling centers do not present with these specific problems. (Items 54-57)

2014 Director's Survey Data

Professional Identity		
Clinical Psychologist	21.82%	60
Counseling Psychologist	33.82%	93
Psychiatrist	0%	0
Mental Health Professional	2.91%	8
Social Worker	9.45%	26
Student Personnel Administrator	1.45%	4
Professional Counselor	27.27%	75
Other	3.27%	9

Gender		
Male	35.40%	97
Female	64.60%	177

Racial/Ethnic Background		
African America	6.96%	19
Hispanic American	2.56%	7
Native American	0.37%	1
White/Caucasian	87.18%	238
Asian American	1.83%	5
Other	1.10%	3

School Status		
2-Year Institution	10.55%	29
4-Year Institution	89.45%	246

School Size		
Under 7,500	58.91%	162
7,500 - 15,000	18.18%	50
Over 15,000	22.91%	63

Staff Members' Gender		
Female	70.31%	1208
Male	29.69%	510

Staff Members' Orientation		
Gay/Lesbian/Bi-Sexual	9.80%	140
Heterosexual	90.20%	1429

Staff Members' Ethnicity		
African American	9.80%	175
Asian American	5.26%	94
Hispanic American	10.58%	189
Native American	0.56%	10
White/Caucasian	71.61%	1279
Other	2.18%	39

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
Q1) Do you charge a fee for personal counseling?												
Yes		1.85%	3		6.00%	3		11.11%	7		4.73%	13
No		98.15%	159		94.00%	47		88.89%	56		95.27%	262
Q2) How much do you charge per session (USD)?												
	6.67	5 – 10	20	15	10 – 20	30	27.57	6 – 110	193	20.25	5 – 110	243
Q3) Annual income earned (USD)?												
	41666.67	10000 – 62500	125000	140000	60000 – 220000	280000	99900	55000 – 166000	499500	90450	10000 – 220000	904500
Q4) Do you collect third party payments?												
Yes		0.65%	1		6.38%	3		4.84%	3		2.65%	7
No		99.35%	154		93.62%	44		95.16%	59		97.35%	257
Q5) Is your center supported by a mandatory fee?												
No		64.10%	100		51.06%	24		54.84%	34		59.62%	158
Yes, one that is specifically identified as being for the counseling center		0%	0		2.13%	1		8.06%	5		2.26%	6
Yes, through a Student Health fee		19.87%	31		27.66%	13		19.35%	12		21.13%	56
Yes, through a general student life fee for all student affairs services		16.03%	25		19.15%	9		17.74%	11		16.98%	45
Q6) Total number of students eligible for counseling on your campus:												
	3006.37	500 – 7000	472000	10478.72	7500 – 15000	492500	37330.65	15000 – 245500	2314500	12327.07	500 – 245500	3279000
Q7) Total number of students who sought counseling during the past year for individual or group counseling:												
	321.34	50 – 1200	50450	731.91	150 – 3700	34400	3309.02	150 – 39100	201850	1081.89	50 – 39100	286700
Percent of student body that sought counseling last year:												
	12.65	1.67 – 55		6.76	1.36 – 25.52		9.73	0.55 – 81.85		10.94	0.55 – 81.85	
Q8) During the academic year, how many FTE mental health professionals provide services in the counseling center or elsewhere on campus? (include all paid staff and interns, but not unpaid trainees)												
	2.94	0 – 10	459	6.77	1 – 19	318	14.18	1 – 43	851	6.19	0 – 43	1628
Ratio of mental health professionals to students:												
	1216.06	250 – 5000		2165.10	555.56 – 7500		4208.26	727.27 – 24550		2081.45	250 – 24550	

	School Size											
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	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
Q9) Approximately how many students a year have contact with your staff apart from individual or group counseling? (This would include workshops, orientation programs, classroom presentations, etc.)												
	919.67	50 – 4000	137950	2354.76	200 – 8000	98900	6091.51	100 – 22100	322850	2284.49	50 – 22100	559700
Percentage of student body seen in other contexts during the year:												
	34.54	1.67 – 180		23.10	1.38 – 70		22.69	0.15 – 133.94		30.01	0.15 – 180	
Q10) How many staff positions have you gained in the past year? (A new position, not a replacement)												
	0.18	0 – 3	27.5	0.34	0 – 2	15.5	0.85	0 – 5	51.0	0.36	0 – 5	94.0
Q11) How many positions have you lost in the past year? (positions not replaced)												
	0.08	0 – 1.5	13.0	0.11	0 – 1	5.0	0.20	0 – 4	12.0	0.11	0 – 4	30.0
Q12) Check the statement below that is most in line with your session limit policy:												
We tend to limit (with some exceptions) the number of client counseling sessions allowed.		18.59%	29		42.55%	20		49.18%	30		29.92%	79
We do not have a session limit policy, but promote our center as a short-term counseling service and rely on clinicians (with some oversight) to make responsible judgments about how long a student can be seen.		41.67%	65		40.43%	19		45.90%	28		42.42%	112
We tend to see students as long as it takes to resolve the issues that brought them to the counseling center, but will make external referrals when deemed clinically advisable.		39.74%	62		17.02%	8		4.92%	3		27.65%	73
Q13) Does your center do any pre-assessment before assigning a client to a counselor?												
Yes		29.30%	46		42.55%	20		65.57%	40		40.00%	106
No		70.70%	111		57.45%	27		34.43%	21		60.00%	159
Q14) What type of assessment is used?												
Use a telephone assessment/intake system		17.39%	8		10.00%	2		10.00%	4		13.21%	14
Use a computerized assessment/intake system		6.52%	3		5.00%	1		5.00%	2		5.66%	6
Have one or more specialized triage counselors		6.52%	3		5.00%	1		17.50%	7		10.38%	11
All counselors have some intake assessment responsibilities		65.22%	30		70.00%	14		62.50%	25		65.09%	69
Other		4.35%	2		10.00%	2		5.00%	2		5.66%	6
Q15) Does your center generate a DSM-IV type of diagnosis on each client?												
Yes, on most clients		37.18%	58		36.17%	17		42.62%	26		38.26%	101

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
Yes, on about half of clients		5.13%	8		6.38%	3		9.84%	6		6.44%	17
Yes, but on a small percentage of clients		15.38%	24		17.02%	8		24.59%	15		17.80%	47
Never or very rarely		42.31%	66		40.43%	19		22.95%	14		37.50%	99
Q16) Does your center have a systematized format for evaluation of professional staff?												
Yes, an institution-wide format		73.89%	116		80.85%	38		72.13%	44		74.72%	198
Yes, a format designed specifically for the counseling center		10.83%	17		17.02%	8		13.11%	8		12.45%	33
No		15.29%	24		2.13%	1		14.75%	9		12.83%	34
Q17) If you evaluate staff, how do you establish evaluative criteria? (check all that apply)												
Criteria based on job descriptions		44.68%	63		31.91%	15		49.12%	28		43.27%	106
Counselors evaluated according to client outcome data		14.18%	20		10.64%	5		19.30%	11		14.69%	36
Goals are established annually for each staff member		34.04%	48		21.28%	10		36.84%	21		32.24%	79
Both job description and annual goal settings are used		64.54%	91		72.34%	34		66.67%	38		66.53%	163
Each counselor contracts annually for services that are to be provided that year		0%	0		10.64%	5		21.05%	12		6.94%	17
Other		1.42%	2		10.64%	5		5.26%	3		4.08%	10
Q18) Are there on-campus psychiatric evaluations available at your school?												
Yes		37.58%	59		59.57%	28		85.25%	52		52.45%	139
No		62.42%	98		40.43%	19		14.75%	9		47.55%	126
Q19) Number of psychiatric consultation hours available on campus												
	12.12	1 – 130		52.71	3 – 500		60.21	3 – 960		38.02	1 – 960	
Psychiatric consultation hours per 1000 students:												
	4.07	0.25 – 29.14		5.23	0.3 – 47.62		1.96	0.11 – 25.6		3.55	0.11 – 47.62	
Q20) Do you believe that there has been an increase in the number of students arriving on our campuses that are already on psychiatric medication?												
Yes		86.27%	132		80.85%	38		88.14%	52		85.71%	222
No		13.73%	21		19.15%	9		11.86%	7		14.29%	37
Q21) Estimate what percentage of your center's clients are taking psychiatric medication:												
	26.25	3 – 75		26.53	4 – 85		24.69	5 – 60		25.94	3 – 85	
Q22) Approximately what percentage of your clients are referred for psychiatric evaluation?												

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
	12.48	0 – 50		15.11	1 – 83		16.24	2 – 56		13.79	0 – 83	
Q23) There has been a widely reported trend in recent years of an increase in students arriving at counseling centers with serious psychological problems. Has this been true at your center?												
Yes		92.67%	139		95.74%	45		94.74%	54		93.70%	238
No		7.33%	11		4.26%	2		5.26%	3		6.30%	16
Q24) Compared to five years ago, what changes have you noticed in the number of clients with:												
Q24a) Sexual assault concerns (on campus)												
Increase		39.07%	59		50.00%	23		49.15%	29		43.36%	111
No Change		58.28%	88		50.00%	23		50.85%	30		55.08%	141
Decrease		2.65%	4		0%	0		0%	0		1.56%	4
Q24b) Problems related to earlier sexual abuse												
Increase		36.84%	56		24.44%	11		35.59%	21		34.38%	88
No Change		60.53%	92		73.33%	33		62.71%	37		63.28%	162
Decrease		2.63%	4		2.22%	1		1.69%	1		2.34%	6
Q24c) Clinical depression												
Increase		56.58%	86		65.22%	30		55.93%	33		57.98%	149
No Change		42.76%	65		32.61%	15		44.07%	26		41.25%	106
Decrease		0.66%	1		2.17%	1		0%	0		0.78%	2
Q24d) Anxiety disorders												
Increase		89.54%	137		97.83%	45		79.66%	47		88.76%	229
No Change		10.46%	16		2.17%	1		20.34%	12		11.24%	29
Decrease		0%	0		0%	0		0%	0		0%	0
Q24e) Learning disabilities												
Increase		52.67%	79		36.96%	17		39.66%	23		46.85%	119
No Change		46.67%	70		63.04%	29		58.62%	34		52.36%	133
Decrease		0.67%	1		0%	0		1.72%	1		0.79%	2
Q24f) Self-injury (e.g., cutting)												
Increase		36.42%	55		30.43%	14		35.59%	21		35.16%	90
No Change		56.29%	85		63.04%	29		62.71%	37		58.98%	151
Decrease		7.28%	11		6.52%	3		1.69%	1		5.86%	15
Q24g) Eating disorders												
Increase		20.92%	32		15.22%	7		27.12%	16		21.32%	55

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
No Change		73.86%	113		73.91%	34		62.71%	37		71.32%	184
Decrease		5.23%	8		10.87%	5		10.17%	6		7.36%	19
Q24h) Medication issues												
Increase		61.59%	93		48.89%	22		62.07%	36		59.45%	151
No Change		38.41%	58		51.11%	23		37.93%	22		40.55%	103
Decrease		0%	0		0%	0		0%	0		0%	0
Q24i) Crisis issues requiring immediate response												
Increase		63.33%	95		72.09%	31		81.03%	47		68.92%	173
No Change		35.33%	53		25.58%	11		18.97%	11		29.88%	75
Decrease		1.33%	2		2.33%	1		0%	0		1.20%	3
Q25) What administrative issues or concerns occupy your time at the present time? (check all that apply)												
Increased paperwork		43.79%	67		38.30%	18		49.18%	30		44.06%	115
Providing adequate accountability data		59.48%	91		63.83%	30		57.38%	35		59.77%	156
Maintaining staff motivation		35.29%	54		48.94%	23		60.66%	37		43.68%	114
Keeping administration informed while protecting student's confidentiality		65.36%	100		72.34%	34		57.38%	35		64.75%	169
Administrative issues relating to students with severe psychological problems		73.20%	112		70.21%	33		68.85%	42		71.65%	187
The growing demand for services without an appropriate increase in resources		68.63%	105		65.96%	31		73.77%	45		69.35%	181
Developing strategies for keeping the wait list down		24.84%	38		27.66%	13		44.26%	27		29.89%	78
Obtaining the needed technical support for the center		39.22%	60		14.89%	7		36.07%	22		34.10%	89
Balancing the varying demands for counselor's services		69.28%	106		70.21%	33		72.13%	44		70.11%	183
Distributing the center's work load fairly among staff		29.41%	45		31.91%	15		42.62%	26		32.95%	86
Obtaining or maintaining adequate funding for staff development		41.83%	64		29.79%	14		39.34%	24		39.08%	102
Obtaining adequate psychiatric back-up		50.33%	77		29.79%	14		37.70%	23		43.68%	114
Other		11.11%	17		10.64%	5		9.84%	6		10.73%	28
Q26) Clients with severe problems or impairments:												
Q26a) What percentage of your clients have periods of severe distress (depression, anxiety, panic attacks, suicidal ideation, etc.) but can be treated successfully within the time limits and available treatment modalities existing at your centers.												

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
	41.76	1 – 99		44.52	0 – 95		50.3	3 – 95		44.12	0 – 99	
Q26b) What percentage of your clients would you say have impairment so severe that they are unable to remain in school or can only do so with on-going psychological/psychiatric assistance?												
	6.83	0 – 35		7.47	1 – 20		8.92	1 – 50		7.40	0 – 50	
Total percentage of students with severe problems												
	48.56	2 – 125		51.91	2 – 100		60.04	6 – 125		51.63	2 – 125	
Q27) What actions has your center taken to help handle the growing student demand for service and the increased complexity of problems? (check all that apply)												
Increased training for staff in working with difficult cases		48.32%	72		50.00%	23		50.00%	30		49.02%	125
Increased training for staff in time-limited therapy		14.09%	21		8.70%	4		16.67%	10		13.73%	35
Increased counseling staff		19.46%	29		23.91%	11		45.00%	27		26.27%	67
Increased psychiatric consulting hours		12.08%	18		26.09%	12		35.00%	21		20.00%	51
Increased part-time counselors during busy time of year		21.48%	32		26.09%	12		51.67%	31		29.41%	75
Increased time spent training faculty and others on campus to help them respond well to students in trouble and to make more appropriate referrals		62.42%	93		56.52%	26		73.33%	44		63.92%	163
Served on a student assistance committee		48.99%	73		52.17%	24		61.67%	37		52.55%	134
Offer psycho-educations assistance on a center web page		34.90%	52		36.96%	17		50.00%	30		38.82%	99
Expanded external referral network		53.02%	79		50.00%	23		65.00%	39		55.29%	141
Other		7.38%	11		6.52%	3		10.00%	6		7.84%	20
Q28) Has your center hospitalized a student for psychological reasons in the past year?												
Yes		84.97%	130		95.74%	45		96.72%	59		89.66%	234
No		15.03%	23		4.26%	2		3.28%	2		10.34%	27
Q29) How many students were hospitalized?												
	4.94	1 – 30	637	8.69	2 – 32	391	17.15	2 – 58	943	8.61	1 – 58	1971
Number of students hospitalized per 1000												
	2.16	0.15 – 12		0.84	0.17 – 2.82		0.64	0.07 – 2.9		1.53	0.07 – 12	
Q30) Have any students on your campus committed suicide in the past year?												
Yes		5.88%	9		23.40%	11		68.33%	41		23.46%	61
No		94.12%	144		76.60%	36		31.67%	19		76.54%	199
Q31) How many students committed suicide?												

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
	1.22	1 – 2	11	1.9	1 – 4	19	2.53	1 – 7	96	2.21	1 – 7	126
Q32) How many students who committed suicide were center clients?												
	0.11	0 – 1	1	0.2	0 – 1	2	0.38	0 – 2	15	0.31	0 – 2	18
Q33) Indicate # Suicides by Gender												
Q33a) Male												
	1	0 – 2	8	1.11	0 – 2	10	1.76	0 – 7	65	1.54	0 – 7	83
Q33b) Female												
	0.43	0 – 2	3	1	0 – 2	9	0.86	0 – 3	24	0.82	0 – 3	36
Q34) Indicate # Suicides by Status and Years of Study												
Q34a) Undergrad Year 1												
	0.25	0 – 1	1	0.5	0 – 2	3	1.08	0 – 3	13	0.77	0 – 3	17
Q34b) Undergrad Year 2												
	0.43	0 – 1	3	0.67	0 – 2	4	0.55	0 – 2	6	0.54	0 – 2	13
Q34c) Undergrad Year 3												
	0.2	0 – 1	1	0.57	0 – 1	4	1	0 – 3	15	0.74	0 – 3	20
Q34d) Undergrad Year 4												
	0.6	0 – 1	3	1	0 – 2	5	0.85	0 – 2	11	0.83	0 – 2	19
Q34e) Undergrad Year 5+												
	0	0	0	0	0	0	0	0	0	0	0	0
Q34f) Graduate Student												
	0.33	0 – 1	1	0.2	0 – 1	1	1.07	0 – 2	15	0.77	0 – 2	17
Q35) Indicate # Suicides by Method												
Q35a) Firearm												
	0.75	0 – 1	3	1	0 – 3	7	1.13	0 – 3	17	1.04	0 – 3	27
Q35b) Hanging												
	0.4	0 – 1	2	0.71	0 – 2	5	0.9	0 – 2	18	0.78	0 – 2	25
Q35c) Jumping												
	0.5	0 – 1	2	0	0	0	0.87	0 – 2	13	0.65	0 – 2	15
Q35d) Poison												
	0	0	0	0.4	0 – 2	2	0.78	0 – 4	7	0.53	0 – 4	9

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
Q35e) Other												
	0.6	0 – 1	3	0.67	0 – 1	4	1	0 – 3	18	0.86	0 – 3	25
Q36) Indicate # Suicides by Location												
Q36a) On Campus												
	0.25	0 – 1	1	0	0	0	0.6	0 – 2	9	0.42	0 – 2	10
Q36b) Near Campus												
	0.5	0 – 1	3	0.17	0 – 1	1	1.06	0 – 4	18	0.76	0 – 4	22
Q36c) Off Campus												
	1.17	1 – 2	7	2	1 – 4	18	1.8	0 – 4	54	1.76	0 – 4	79
Q37) Indicate # Suicides by Ethnicity												
Q37a) Asian/Pacific Islander												
	0.33	0 – 1	1	0	0	0	0.6	0 – 2	9	0.48	0 – 2	10
Q37b) Black												
	0.33	0 – 1	1	0.6	0 – 1	3	0	0	0	0.27	0 – 1	4
Q37c) Native American/Alaskan												
	0	0	0	0	0	0	0	0	0	0	0	0
Q37d) White/Caucasian												
	1.2	1 – 2	6	1.5	0 – 3	12	2.12	1 – 6	55	1.87	0 – 6	73
Q37e) Latino/Latina												
	0	0	0	0.25	0 – 1	1	0.38	0 – 2	3	0.29	0 – 2	4
Q37f) Multi-Ethnic												
	0.33	0 – 1	1	0.25	0 – 1	1	0.22	0 – 1	2	0.25	0 – 1	4
Q38) Indicate # Suicides by Risk Factors (may overlap; i.e., totals may add up to more than total number of suicides)												
Q38a) Depression												
	1	1	7	1.56	0 – 4	14	1.85	0 – 7	37	1.61	0 – 7	58
Q38b) Grades/Academics												
	0.67	0 – 1	2	0.5	0 – 2	2	0.5	0 – 1	6	0.53	0 – 2	10
Q38c) Money/Finances												
	0.5	0 – 1	1	0	0	0	0.14	0 – 1	1	0.17	0 – 1	2
Q38d) Legal Concerns												

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
	0	0	0	0.5	0 – 1	2	0.38	0 – 1	3	0.38	0 – 1	5
Q38e) Health Issues												
	0	0	0	0	0	0	0	0	0	0	0	0
Q38f) Relationship Issues												
	0.86	0 – 1	6	1.2	0 – 2	6	0.67	0 – 2	8	0.83	0 – 2	20
Q39) Indicate # Suicides by Students with Previous Attempts												
Q39a) Yes, previous attempts												
	0.6	0 – 1	3	0.6	0 – 1	3	0.64	0 – 2	7	0.62	0 – 2	13
Q39b) No												
	0.6	0 – 1	3	0.5	0 – 1	1	0.57	0 – 2	4	0.57	0 – 2	8
Q39c) Don't Know												
	0.75	0 – 1	3	1.67	0 – 4	15	1.93	0 – 7	56	1.76	0 – 7	74
Q40) Indicate # Suicides by Students on Psychiatric Medication												
Q40a) On Medication												
	0.33	0 – 1	1	0.8	0 – 2	4	0.64	0 – 2	7	0.63	0 – 2	12
Q40b) Not on Medication												
	0.5	0 – 1	2	0.67	0 – 1	2	0.7	0 – 2	7	0.65	0 – 2	11
Q40c) Don't Know												
	1	0 – 2	6	1.86	0 – 4	13	2.2	0 – 7	55	1.95	0 – 7	74
Q41) Indicate # Suicides by Students with prior psychiatric hospitalization												
Q41a) Prior Hospitalization												
	1	1	3	0.83	0 – 2	5	0.6	0 – 2	6	0.74	0 – 2	14
Q41b) No Prior Hospitalization												
	0.6	0 – 1	3	0.75	0 – 1	3	0.71	0 – 2	5	0.69	0 – 2	11
Q41c) Don't Know												
	0.5	0 – 2	2	1.83	0 – 4	11	2.15	0 – 7	58	1.92	0 – 7	71
Q42) Indicate # Suicides by Month												
Q42a) January												
	0	0	0	1	0 – 2	4	0.82	0 – 3	9	0.81	0 – 3	13
Q42b) February												

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
	0	0	0	0.5	0 – 1	2	0.43	0 – 1	3	0.42	0 – 1	5
Q42c) March												
	0.5	0 – 1	1	0.8	0 – 1	4	0.8	0 – 1	8	0.76	0 – 1	13
Q42d) April												
	0.75	0 – 1	3	0.67	0 – 1	2	0.67	0 – 2	6	0.69	0 – 2	11
Q42e) May												
	0	0	0	0	0	0	0.44	0 – 1	4	0.33	0 – 1	4
Q42f) June												
	1	1	1	0	0	0	0	0	0	0.12	0 – 1	1
Q42g) July												
	0	0	0	0.33	0 – 1	1	0	0	0	0.1	0 – 1	1
Q42h) August												
	0.5	0 – 1	1	0.33	0 – 1	1	0.29	0 – 1	2	0.33	0 – 1	4
Q42i) September												
	0.5	0 – 1	1	0.33	0 – 1	1	0.43	0 – 2	3	0.42	0 – 2	5
Q42j) October												
	0.5	0 – 1	1	0.5	0 – 1	2	0.62	0 – 2	5	0.57	0 – 2	8
Q42k) November												
	0	0	0	0	0	0	0.38	0 – 1	3	0.25	0 – 1	3
Q42l) December												
	0.5	0 – 1	1	0.67	0 – 2	2	0.29	0 – 1	2	0.42	0 – 2	5
Q43) Indicate # Suicides by Day of Week												
Q43a) Weekday (Monday - Thursday)												
	0.75	0 – 1	3	0.86	0 – 1	6	1.5	0 – 5	15	1.14	0 – 5	24
Q43b) Weekend (Friday - Sunday)												
	1	0 – 2	6	1.4	1 – 3	7	1.43	0 – 3	20	1.32	0 – 3	33
Q44) Does your center maintain the right to refuse treatment to a student whose problems appear to be beyond the capabilities of the center to handle?												
Yes		80.39%	123		80.43%	37		93.33%	56		83.40%	216
No		19.61%	30		19.57%	9		6.67%	4		16.60%	43
Q45) If you maintain the right to refuse treatment, what if a student refuses an outside referral because of inconvenience or expense, and believes it is his or her right to be seen at the center for however many sessions the center typically allows. Would you deny treatment to this student?												

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
Yes		38.84%	47		45.95%	17		63.64%	35		46.48%	99
No		61.16%	74		54.05%	20		36.36%	20		53.52%	114
Q46) Do you have a written policy covering cases where you would deny treatment to a student?												
Yes		63.83%	30		70.59%	12		71.43%	25		67.68%	67
No		36.17%	17		29.41%	5		28.57%	10		32.32%	32
Q47) Has your written policy been approved by the school's legal counsel?												
Yes		32.14%	9		50.00%	6		52.00%	13		43.08%	28
No		67.86%	19		50.00%	6		48.00%	12		56.92%	37
Q48) On average, what percentage of your center's time is devoted to the following? (If you have responsibility for separately staffed career development, placement, or learning skills center, do not include these.)												
Q48a) Personal counseling or therapy												
	77.91	10 – 100	11530	71.36	6 – 100	3211	76.17	5 – 100	4570	76.33	5 – 100	19311
Q48b) Career counseling												
	4.40	0 – 61	444	6.64	0 – 50	219	4.53	0 – 20	172	4.85	0 – 61	835
Q48c) Academic counseling												
	7.38	0 – 75	775	6.52	0 – 40	215	5.47	0 – 75	197	6.82	0 – 75	1187
Q48d) Other												
	18.48	0 – 70	1608	20.65	0 – 50	640	19.69	0 – 50	630	19.19	0 – 70	2878
Q49) Do you have a counseling center web site?												
Yes		92.76%	141		100.00%	46		100.00%	60		95.74%	247
No		7.24%	11		0%	0		0%	0		4.26%	11
Q50) How is your web site used?												
To provide information about center services		100.00%	141		100.00%	46		100.00%	60		100.00%	247
Career counseling information		4.96%	7		10.87%	5		20.00%	12		9.72%	24
Educational messages on psychological issues		65.96%	93		63.04%	29		83.33%	50		69.64%	172
Other		19.15%	27		13.04%	6		15.00%	9		17.00%	42
Q51) If web site 'hits' are tracked, how many did you have last year?												
	17500	10000 – 50000	140000	66666.67	10000 – 140000	400000	419090.91	10000 – 2790000	4610000	206000	10000 – 2790000	5150000
Q52) What percentage of your clients are referred to external practitioners for more specialized or intensive treatment?												
	8.20	0 – 46		10.09	0 – 45		11.42	0 – 75		9.28	0 – 75	
Q53) Reasons for making such referrals: (check all that apply)												

	School Size											
	Under 7,500 n=162			7,500 - 15,000 n=50			Over 15,000 n=63			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#	mean	range or %	#
Staff lack expertise for working with some problems		74.48%	108		66.67%	30		43.10%	25		65.73%	163
Some students require longer term therapy than the center can provide		75.17%	109		88.89%	40		93.10%	54		81.85%	203
Student's insurance covers private treatment		28.97%	42		33.33%	15		43.10%	25		33.06%	82
Other		17.24%	25		11.11%	5		12.07%	7		14.92%	37
Q54) Does your center ask on an evaluation form if counseling has helped with a student's decision to remain enrolled in your institution?												
Yes		63.82%	97		71.74%	33		68.33%	41		66.28%	171
No		36.18%	55		28.26%	13		31.67%	19		33.72%	87
Q55) What percentage responded positively?												
	64.03	0 – 100		66.6	30 – 95		61.92	10 – 98		64.01	0 – 100	
Q56) Does your center ask on an evaluation form if counseling has helped with the student's academic performance?												
Yes		60.93%	92		65.22%	30		72.88%	43		64.45%	165
No		39.07%	59		34.78%	16		27.12%	16		35.55%	91
Q57) What percentage responded positively?												
	66.27	8 – 99		61.89	18 – 90		62.71	18 – 100		64.53	8 – 100	

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
School Size									
Under 7,500		51.72%	15		59.76%	147		58.91%	162
7,500 - 15,000		27.59%	8		17.07%	42		18.18%	50
Over 15,000		20.69%	6		23.17%	57		22.91%	63
Q1) Do you charge a fee for personal counseling?									
Yes		0%	0		5.28%	13		4.73%	13
No		100.00%	29		94.72%	233		95.27%	262
Q2) How much do you charge per session (USD)?									
	0	0	0	20.25	5 – 110	243	20.25	5 – 110	243
Q3) Annual income earned (USD)?									
	0	0	0	90450	10000 – 220000	904500	90450	10000 – 220000	904500
Q4) Do you collect third party payments?									
Yes		0%	0		2.95%	7		2.65%	7
No		100.00%	27		97.05%	230		97.35%	257
Q5) Is your center supported by a mandatory fee?									
No		77.78%	21		57.56%	137		59.62%	158
Yes, one that is specifically identified as being for the counseling center		0%	0		2.52%	6		2.26%	6
Yes, through a Student Health fee		3.70%	1		23.11%	55		21.13%	56
Yes, through a general student life fee for all student affairs services		18.52%	5		16.81%	40		16.98%	45
Q6) Total number of students eligible for counseling on your campus:									
	10740.74	500 – 34000	290000	12506.28	500 – 245500	2989000	12327.07	500 – 245500	3279000
Q7) Total number of students who sought counseling during the past year for individual or group counseling:									
	1268.52	50 – 22100	34250	1060.71	50 – 39100	252450	1081.89	50 – 39100	286700
Percent of student body that sought counseling last year:									
	9.87	0.88 – 81.85		11.06	0.55 – 78.2		10.94	0.55 – 81.85	
Q8) During the academic year, how many FTE mental health professionals provide services in the counseling center or elsewhere on campus? (include all paid staff and interns, but not unpaid trainees)									
	2.26	1 – 6	61	6.64	0 – 43	1567	6.19	0 – 43	1628
Ratio of mental health professionals to students:									

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
	5482.10	500 – 23500	148016.67	1685.69	250 – 24550	391079.01	2081.45	250 – 24550	539095.68
Q9) Approximately how many students a year have contact with your staff apart from individual or group counseling? (This would include workshops, orientation programs, classroom presentations, etc.)									
	1434.62	150 – 6500	37300	2385.39	50 – 22100	522400	2284.49	50 – 22100	559700
Percentage of student body seen in other contexts during the year:									
	20.53	1.38 – 100		31.14	0.15 – 180		30.01	0.15 – 180	
Q10) How many staff positions have you gained in the past year? (A new position, not a replacement)									
	0.17	0 – 3	4.5	0.38	0 – 5	89.5	0.36	0 – 5	94.0
Q11) How many positions have you lost in the past year? (positions not replaced)									
	0.22	0 – 1.5	6.0	0.10	0 – 4	24.0	0.11	0 – 4	30.0
Q12) Check the statement below that is most in line with your session limit policy:									
We tend to limit (with some exceptions) the number of client counseling sessions allowed.		40.74%	11		28.69%	68		29.92%	79
We do not have a session limit policy, but promote our center as a short-term counseling service and rely on clinicians (with some oversight) to make responsible judgments about how long a student can be seen.		40.74%	11		42.62%	101		42.42%	112
We tend to see students as long as it takes to resolve the issues that brought them to the counseling center, but will make external referrals when deemed clinically advisable.		18.52%	5		28.69%	68		27.65%	73
Q13) Does your center do any pre-assessment before assigning a client to a counselor?									
Yes		7.41%	2		43.70%	104		40.00%	106
No		92.59%	25		56.30%	134		60.00%	159
Q14) What type of assessment is used?									
Use a telephone assessment/intake system		0%	0		13.46%	14		13.21%	14
Use a computerized assessment/intake system		0%	0		5.77%	6		5.66%	6
Have one or more specialized triage counselors		0%	0		10.58%	11		10.38%	11
All counselors have some intake assessment responsibilities		50.00%	1		65.38%	68		65.09%	69
Other		50.00%	1		4.81%	5		5.66%	6
Q15) Does your center generate a DSM-IV type of diagnosis on each client?									
Yes, on most clients		23.08%	6		39.92%	95		38.26%	101
Yes, on about half of clients		3.85%	1		6.72%	16		6.44%	17

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
Yes, but on a small percentage of clients		11.54%	3		18.49%	44		17.80%	47
Never or very rarely		61.54%	16		34.87%	83		37.50%	99
Q16) Does your center have a systematized format for evaluation of professional staff?									
Yes, an institution-wide format		70.37%	19		75.21%	179		74.72%	198
Yes, a format designed specifically for the counseling center		7.41%	2		13.03%	31		12.45%	33
No		22.22%	6		11.76%	28		12.83%	34
Q17) If you evaluate staff, how do you establish evaluative criteria? (check all that apply)									
Criteria based on job descriptions		34.78%	8		44.14%	98		43.27%	106
Counselors evaluated according to client outcome data		0%	0		16.22%	36		14.69%	36
Goals are established annually for each staff member		26.09%	6		32.88%	73		32.24%	79
Both job description and annual goal settings are used		69.57%	16		66.22%	147		66.53%	163
Each counselor contracts annually for services that are to be provided that year		0%	0		7.66%	17		6.94%	17
Other		4.35%	1		4.05%	9		4.08%	10
Q18) Are there on-campus psychiatric evaluations available at your school?									
Yes		7.41%	2		57.56%	137		52.45%	139
No		92.59%	25		42.44%	101		47.55%	126
Q19) Number of psychiatric consultation hours available on campus									
	4.5	4 – 5	9	38.53	1 – 960	5048	38.02	1 – 960	5057
Psychiatric consultation hours per 1000 students:									
	0.27	0.17 – 0.38	0.55	3.60	0.11 – 47.62	472.25	3.55	0.11 – 47.62	472.80
Q20) Do you believe that there has been an increase in the number of students arriving on our campuses that are already on psychiatric medication?									
Yes		92.00%	23		85.04%	199		85.71%	222
No		8.00%	2		14.96%	35		14.29%	37
Q21) Estimate what percentage of your center's clients are taking psychiatric medication:									
	31.96	6 – 85		25.29	3 – 75		25.94	3 – 85	
Q22) Approximately what percentage of your clients are referred for psychiatric evaluation?									
	12.88	0 – 50		13.89	0 – 83		13.79	0 – 83	
Q23) There has been a widely reported trend in recent years of an increase in students arriving at counseling centers with serious psychological problems. Has this been true at your center?									
Yes		95.83%	23		93.48%	215		93.70%	238
No		4.17%	1		6.52%	15		6.30%	16

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
Q24) Compared to five years ago, what changes have you noticed in the number of clients with:									
Q24a) Sexual assault concerns (on campus)									
Increase		18.18%	4		45.73%	107		43.36%	111
No Change		77.27%	17		52.99%	124		55.08%	141
Decrease		4.55%	1		1.28%	3		1.56%	4
Q24b) Problems related to earlier sexual abuse									
Increase		54.55%	12		32.48%	76		34.38%	88
No Change		45.45%	10		64.96%	152		63.28%	162
Decrease		0%	0		2.56%	6		2.34%	6
Q24c) Clinical depression									
Increase		69.57%	16		56.84%	133		57.98%	149
No Change		30.43%	7		42.31%	99		41.25%	106
Decrease		0%	0		0.85%	2		0.78%	2
Q24d) Anxiety disorders									
Increase		95.65%	22		88.09%	207		88.76%	229
No Change		4.35%	1		11.91%	28		11.24%	29
Decrease		0%	0		0%	0		0%	0
Q24e) Learning disabilities									
Increase		68.18%	15		44.83%	104		46.85%	119
No Change		31.82%	7		54.31%	126		52.36%	133
Decrease		0%	0		0.86%	2		0.79%	2
Q24f) Self-injury (e.g., cutting)									
Increase		27.27%	6		35.90%	84		35.16%	90
No Change		68.18%	15		58.12%	136		58.98%	151
Decrease		4.55%	1		5.98%	14		5.86%	15
Q24g) Eating disorders									
Increase		26.09%	6		20.85%	49		21.32%	55
No Change		69.57%	16		71.49%	168		71.32%	184
Decrease		4.35%	1		7.66%	18		7.36%	19
Q24h) Medication issues									
Increase		73.91%	17		58.01%	134		59.45%	151

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
No Change		26.09%	6		41.99%	97		40.55%	103
Decrease		0%	0		0%	0		0%	0
Q24i) Crisis issues requiring immediate response									
Increase		85.71%	18		67.39%	155		68.92%	173
No Change		14.29%	3		31.30%	72		29.88%	75
Decrease		0%	0		1.30%	3		1.20%	3
Q25) What administrative issues or concerns occupy your time at the present time? (check all that apply)									
Increased paperwork		56.00%	14		42.80%	101		44.06%	115
Providing adequate accountability data		68.00%	17		58.90%	139		59.77%	156
Maintaining staff motivation		24.00%	6		45.76%	108		43.68%	114
Keeping administration informed while protecting student's confidentiality		80.00%	20		63.14%	149		64.75%	169
Administrative issues relating to students with severe psychological problems		72.00%	18		71.61%	169		71.65%	187
The growing demand for services without an appropriate increase in resources		80.00%	20		68.22%	161		69.35%	181
Developing strategies for keeping the wait list down		8.00%	2		32.20%	76		29.89%	78
Obtaining the needed technical support for the center		40.00%	10		33.47%	79		34.10%	89
Balancing the varying demands for counselor's services		80.00%	20		69.07%	163		70.11%	183
Distributing the center's work load fairly among staff		24.00%	6		33.90%	80		32.95%	86
Obtaining or maintaining adequate funding for staff development		56.00%	14		37.29%	88		39.08%	102
Obtaining adequate psychiatric back-up		48.00%	12		43.22%	102		43.68%	114
Other		20.00%	5		9.75%	23		10.73%	28
Q26) Clients with severe problems or impairments:									
Q26a) What percentage of your clients have periods of severe distress (depression, anxiety, panic attacks, suicidal ideation, etc.) but can be treated successfully within the time limits and available treatment modalities existing at your centers.									
	32.78	0 – 90		45.37	1 – 99		44.12	0 – 99	
Q26b) What percentage of your clients would you say have impairment so severe that they are unable to remain in school or can only do so with on-going psychological/psychiatric assistance?									
	9.64	0 – 50		7.16	1 – 40		7.40	0 – 50	
Total percentage of students with severe problems									
	41.64	2 – 110		52.69	3 – 125		51.63	2 – 125	
Q27) What actions has your center taken to help handle the growing student demand for service and the increased complexity of problems? (check all that apply)									
Increased training for staff in working with difficult cases		43.48%	10		49.57%	115		49.02%	125
Increased training for staff in time-limited therapy		8.70%	2		14.22%	33		13.73%	35

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
Increased counseling staff		4.35%	1		28.45%	66		26.27%	67
Increased psychiatric consulting hours		8.70%	2		21.12%	49		20.00%	51
Increased part-time counselors during busy time of year		4.35%	1		31.90%	74		29.41%	75
Increased time spent training faculty and others on campus to help them respond well to students in trouble and to make more appropriate referrals		65.22%	15		63.79%	148		63.92%	163
Served on a student assistance committee		39.13%	9		53.88%	125		52.55%	134
Offer psycho-educations assistance on a center web page		34.78%	8		39.22%	91		38.82%	99
Expanded external referral network		78.26%	18		53.02%	123		55.29%	141
Other		8.70%	2		7.76%	18		7.84%	20
Q28) Has your center hospitalized a student for psychological reasons in the past year?									
Yes		68.00%	17		91.95%	217		89.66%	234
No		32.00%	8		8.05%	19		10.34%	27
Q29) How many students were hospitalized?									
	3.82	1 – 10	65	8.99	1 – 58	1906	8.61	1 – 58	1971
Number of students hospitalized per 1000									
	0.73	0.09 – 4	12.34	1.60	0.07 – 12	338.56	1.53	0.07 – 12	350.91
Q30) Have any students on your campus committed suicide in the past year?									
Yes		16.67%	4		24.15%	57		23.46%	61
No		83.33%	20		75.85%	179		76.54%	199
Q31) How many students committed suicide?									
	2.25	1 – 4	9	2.21	1 – 7	117	2.21	1 – 7	126
Q32) How many students who committed suicide were center clients?									
	0	0	0	0.33	0 – 2	18	0.31	0 – 2	18
Q33) Indicate # Suicides by Gender									
Q33a) Male									
	1.67	1 – 2	5	1.53	0 – 7	78	1.54	0 – 7	83
Q33b) Female									
	1	0 – 2	4	0.8	0 – 3	32	0.82	0 – 3	36
Q34) Indicate # Suicides by Status and Years of Study									
Q34a) Undergrad Year 1									
	1.33	1 – 2	4	0.68	0 – 3	13	0.77	0 – 3	17

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
Q34b) Undergrad Year 2									
	1	0 – 2	3	0.48	0 – 2	10	0.54	0 – 2	13
Q34c) Undergrad Year 3									
	0	0	0	0.77	0 – 3	20	0.74	0 – 3	20
Q34d) Undergrad Year 4									
	0	0	0	0.86	0 – 2	19	0.83	0 – 2	19
Q34e) Undergrad Year 5+									
	0	0	0	0	0	0	0	0	0
Q34f) Graduate Student									
	0	0	0	0.81	0 – 2	17	0.77	0 – 2	17
Q35) Indicate # Suicides by Method									
Q35a) Firearm									
	1.33	0 – 3	4	1	0 – 3	23	1.04	0 – 3	27
Q35b) Hanging									
	0.67	0 – 1	2	0.79	0 – 2	23	0.78	0 – 2	25
Q35c) Jumping									
	0	0	0	0.68	0 – 2	15	0.65	0 – 2	15
Q35d) Poison									
	0	0	0	0.56	0 – 4	9	0.53	0 – 4	9
Q35e) Other									
	1	1	2	0.85	0 – 3	23	0.86	0 – 3	25
Q36) Indicate # Suicides by Location									
Q36a) On Campus									
	0	0	0	0.45	0 – 2	10	0.42	0 – 2	10
Q36b) Near Campus									
	0	0	0	0.81	0 – 4	22	0.76	0 – 4	22
Q36c) Off Campus									
	2.25	1 – 4	9	1.71	0 – 4	70	1.76	0 – 4	79
Q37) Indicate # Suicides by Ethnicity									
Q37a) Asian/Pacific Islander									

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
	0	0	0	0.5	0 – 2	10	0.48	0 – 2	10
Q37b) Black									
	0.67	0 – 1	2	0.17	0 – 1	2	0.27	0 – 1	4
Q37c) Native American/Alaskan									
	0	0	0	0	0	0	0	0	0
Q37d) White/Caucasian									
	1.67	1 – 3	5	1.89	0 – 6	68	1.87	0 – 6	73
Q37e) Latino/Latina									
	0	0	0	0.31	0 – 2	4	0.29	0 – 2	4
Q37f) Multi-Ethnic									
	0	0	0	0.27	0 – 1	4	0.25	0 – 1	4
Q38) Indicate # Suicides by Risk Factors (may overlap; i.e., totals may add up to more than total number of suicides)									
Q38a) Depression									
	1.75	1 – 4	7	1.59	0 – 7	51	1.61	0 – 7	58
Q38b) Grades/Academics									
	0	0	0	0.56	0 – 2	10	0.53	0 – 2	10
Q38c) Money/Finances									
	0	0	0	0.18	0 – 1	2	0.17	0 – 1	2
Q38d) Legal Concerns									
	0	0	0	0.42	0 – 1	5	0.38	0 – 1	5
Q38e) Health Issues									
	0	0	0	0	0	0	0	0	0
Q38f) Relationship Issues									
	0	0	0	0.87	0 – 2	20	0.83	0 – 2	20
Q39) Indicate # Suicides by Students with Previous Attempts									
Q39a) Yes, previous attempts									
	0.5	0 – 1	1	0.63	0 – 2	12	0.62	0 – 2	13
Q39b) No									
	0	0	0	0.62	0 – 2	8	0.57	0 – 2	8
Q39c) Don't Know									

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
	1.75	0 – 4	7	1.76	0 – 7	67	1.76	0 – 7	74
Q40) Indicate # Suicides by Students on Psychiatric Medication									
Q40a) On Medication									
	0	0	0	0.67	0 – 2	12	0.63	0 – 2	12
Q40b) Not on Medication									
	0	0	0	0.69	0 – 2	11	0.65	0 – 2	11
Q40c) Don't Know									
	2	0 – 4	8	1.94	0 – 7	66	1.95	0 – 7	74
Q41) Indicate # Suicides by Students with prior psychiatric hospitalization									
Q41a) Prior Hospitalization									
	0.5	0 – 1	1	0.76	0 – 2	13	0.74	0 – 2	14
Q41b) No Prior Hospitalization									
	0	0	0	0.73	0 – 2	11	0.69	0 – 2	11
Q41c) Don't Know									
	1.75	0 – 4	7	1.94	0 – 7	64	1.92	0 – 7	71
Q42) Indicate # Suicides by Month									
Q42a) January									
	0	0	0	0.87	0 – 3	13	0.81	0 – 3	13
Q42b) February									
	0.5	0 – 1	1	0.4	0 – 1	4	0.42	0 – 1	5
Q42c) March									
	1	1	3	0.71	0 – 1	10	0.76	0 – 1	13
Q42d) April									
	0	0	0	0.73	0 – 2	11	0.69	0 – 2	11
Q42e) May									
	0.5	0 – 1	1	0.3	0 – 1	3	0.33	0 – 1	4
Q42f) June									
	0	0	0	0.14	0 – 1	1	0.12	0 – 1	1
Q42g) July									
	0.5	0 – 1	1	0	0	0	0.1	0 – 1	1

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
Q42h) August									
	0	0	0	0.36	0 – 1	4	0.33	0 – 1	4
Q42i) September									
	0	0	0	0.45	0 – 2	5	0.42	0 – 2	5
Q42j) October									
	0.5	0 – 1	1	0.58	0 – 2	7	0.57	0 – 2	8
Q42k) November									
	0	0	0	0.27	0 – 1	3	0.25	0 – 1	3
Q42l) December									
	1	0 – 2	2	0.3	0 – 1	3	0.42	0 – 2	5
Q43) Indicate # Suicides by Day of Week									
Q43a) Weekday (Monday - Thursday)									
	0.67	0 – 1	2	1.22	0 – 5	22	1.14	0 – 5	24
Q43b) Weekend (Friday - Sunday)									
	1	1	1	1.33	0 – 3	32	1.32	0 – 3	33
Q44) Does your center maintain the right to refuse treatment to a student whose problems appear to be beyond the capabilities of the center to handle?									
Yes		88.00%	22		82.91%	194		83.40%	216
No		12.00%	3		17.09%	40		16.60%	43
Q45) If you maintain the right to refuse treatment, what if a student refuses an outside referral because of inconvenience or expense, and believes it is his or her right to be seen at the center for however many sessions the center typically allows. Would you deny treatment to this student?									
Yes		40.91%	9		47.12%	90		46.48%	99
No		59.09%	13		52.88%	101		53.52%	114
Q46) Do you have a written policy covering cases where you would deny treatment to a student?									
Yes		55.56%	5		68.89%	62		67.68%	67
No		44.44%	4		31.11%	28		32.32%	32
Q47) Has your written policy been approved by the school's legal counsel?									
Yes		0%	0		46.67%	28		43.08%	28
No		100.00%	5		53.33%	32		56.92%	37
Q48) On average, what percentage of your center's time is devoted to the following? (If you have responsibility for separately staffed career development, placement, or learning skills center, do not include these.)									
Q48a) Personal counseling or therapy									

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
	48.92	5 – 100	1223	79.33	6 – 100	18088	76.33	5 – 100	19311
Q48b) Career counseling									
	15.42	0 – 61	293	3.54	0 – 35	542	4.85	0 – 61	835
Q48c) Academic counseling									
	16.85	0 – 75	337	5.52	0 – 75	850	6.82	0 – 75	1187
Q48d) Other									
	24.81	0 – 53	521	18.27	0 – 70	2357	19.19	0 – 70	2878
Q49) Do you have a counseling center web site?									
Yes		92.00%	23		96.14%	224		95.74%	247
No		8.00%	2		3.86%	9		4.26%	11
Q50) How is your web site used?									
To provide information about center services		100.00%	23		100.00%	224		100.00%	247
Career counseling information		30.43%	7		7.59%	17		9.72%	24
Educational messages on psychological issues		60.87%	14		70.54%	158		69.64%	172
Other		13.04%	3		17.41%	39		17.00%	42
Q51) If web site 'hits' are tracked, how many did you have last year?									
	220000	220000	220000	205416.67	10000 – 2790000	4930000	206000	10000 – 2790000	5150000
Q52) What percentage of your clients are referred to external practitioners for more specialized or intensive treatment?									
	16.04	1 – 75		8.53	0 – 46		9.28	0 – 75	
Q53) Reasons for making such referrals: (check all that apply)									
Staff lack expertise for working with some problems		60.00%	15		66.37%	148		65.73%	163
Some students require longer term therapy than the center can provide		100.00%	25		79.82%	178		81.85%	203
Student's insurance covers private treatment		44.00%	11		31.84%	71		33.06%	82
Other		8.00%	2		15.70%	35		14.92%	37
Q54) Does your center ask on an evaluation form if counseling has helped with a student's decision to remain enrolled in your institution?									
Yes		40.00%	10		69.10%	161		66.28%	171
No		60.00%	15		30.90%	72		33.72%	87
Q55) What percentage responded positively?									
	83.78	67 – 97		62.82	0 – 100		64.01	0 – 100	
Q56) Does your center ask on an evaluation form if counseling has helped with the student's academic performance?									

	2-Year vs. 4-Year Institutions								
	2-Year Institution n=29			4-Year Institution n=246			Total n=275		
	mean	range or %	#	mean	range or %	#	mean	range or %	#
Yes		44.00%	11		66.67%	154		64.45%	165
No		56.00%	14		33.33%	77		35.55%	91
Q57) What percentage responded positively?									
	83.67	75 – 96		63.33	8 – 100		64.53	8 – 100	

Listing of Directors

272	-	Abel, Dianna	126	-	Cornish, Peter	231	-	Hanke, Eran
261	-	Achter, John	214	-	Cosimano, Anne	250	-	Hanks, Robert
244	-	Alexander, William	94	-	Coughlin, Jay	115	-	Hannigan, Terence P.
253	-	Aquino, Carlos	66	-	Crapser, Bryce	169	-	Hanson, Rick
36	-	Arce, Elsa	210	-	Dailey, Kathryn	168	-	Harmon, Holly
170	-	Azar, Jim	9	-	Davis, Kristy	100	-	Harper, Deborah
133	-	Backels, Kelsey	83	-	Deakin, Spencer	16	-	Harrar, William
62	-	Balaban, Mark	110	-	DeBoer, David	4	-	Harris-Jolly, Stephanie
158	-	Bateman, Joyce	150	-	Dellutri, Alexandra	254	-	Hart, Jenifer
225	-	Beale, Charles	167	-	Dutton, Laurie	25	-	Haskell, Caroline
26	-	Berkow, Daniel	195	-	Eggers, John	198	-	Hastings, Michelle
106	-	Betman, Jeffrey	114	-	Ellis, Diane	197	-	Hattauer, Edward
202	-	Billard, Trisha	181	-	Epstein, Bert	160	-	Heitzmann, Dennis
207	-	Blevins, Elizabeth	236	-	Escoto, Ernesto	212	-	Hellenga, Glenn
76	-	Bloom, Linda	184	-	Evans, Katherine	71	-	Hemlick, Lisa
232	-	Bolin, Mary	140	-	Evans, Marisa	165	-	Hershbelle, Anne
43	-	Booth, Ann	42	-	Ewing, Michael	120	-	Hess, Brad
21	-	Boothby, Manda	208	-	Faith, Michele	159	-	Hoban, Jeannie
90	-	Bowman, Kevin	103	-	Farer-Singleton, Pamela	222	-	Hofmann, Karen
104	-	Boyll, Suzanne	119	-	Farrell, Patricia	11	-	Holton, Jan
37	-	Bradford, Joy	116	-	Ferleger, Naomi	128	-	Hopkins, Nina
251	-	Brockberg, Debra	271	-	Fink, Jane	216	-	Hotaling, Marcus
270	-	Brounck, Thomas	142	-	Fisher, Anne	190	-	Hughes, Jeff
92	-	Brown, April	117	-	Foldeak, Max	191	-	Irvin, ValaRay
65	-	Brown, Steve	180	-	Foster, Randal	50	-	Jabs, Carol
80	-	Brunner, Jon	265	-	Freedman, Wendy	252	-	Jaronski, Ann
72	-	Bucell, Michael	91	-	Freeman-Smith, Faye	15	-	Jenkins, Marshall
227	-	Buck, Sylvia	139	-	Friedman-Lombardo, Jaclyn	233	-	Johnson, Doug
186	-	Buckingham, Jane	235	-	Frizzell, Christine	39	-	Johnson, Eric
85	-	Buhrow, Bill	143	-	Gallagher-Hobson, Abisola	267	-	Jones, Sarah
155	-	Burks, Suzanne	209	-	Gartner, Maggie	27	-	Jordan, Christy
146	-	Burns, Bill	260	-	Gerken, Stacey	51	-	Jordan, Lisa
105	-	Burrichter, William	166	-	Givens, Chaney	179	-	Jorgensen-Funk, Sandy
87	-	Caldwell, Jodi	33	-	Goede, Lance	89	-	Kazin, Bob
5	-	Callandrillo, Traci	29	-	Gonzalez, Yinet	108	-	Kearney, Anne
255	-	Cannici, Jim	277	-	Gorman, Kimberly	219	-	Keyes, Lee
199	-	Carriker, Delia	93	-	Gray, Kristen	23	-	King, Baron
10	-	Castronovo, Neil	121	-	Grayson, Paul	259	-	Kirby, Renee
98	-	Chew, Kenneth	130	-	Gregory, Lynn	56	-	Kissell, Juanita
8	-	Chiles, Jenine	137	-	Greiner, Douglas	258	-	Kitaoka, Sean
68	-	Comer, Pam	203	-	Grimshaw-Clark, Maria	161	-	Klauck, Cindy
14	-	Commerford, Mary	102	-	Gunn, Josh	257	-	Knodel, Rita
24	-	Compliment, Brad	264	-	Hale, Tricia	193	-	Krylowicz, Brian
273	-	Cook-Nobles, Robin	215	-	Hamilton, Joe	63	-	Kuchem, Jenny
3	-	Cornish, Peter	263	-	Hammes, Meg	183	-	Kuhlke, Anne

242 - Lane, Tim	164 - Moore, Barbara	30 - Rayburn, Monroe
185 - Larson, Ruth	217 - Morales-Pastrana, Jetzabel	45 - Reavis, Lynelle
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