**DIFFICULTIES IN EMOTION REGULATION SCALE -SO**

PERSONALITY STUDIES – STUDY: EIFB

**Measurement Label:** DERS

**Measurement ID:** 54

**Filename:** EIFB\_DERS\_SO\_final.sav

**Valid Case Summary**

|  |  |  |  |
| --- | --- | --- | --- |
| **TIMEPOINT** | **EVALUATOR** | **LABEL** | **# OF CASES** |
| Intake | SO | OA | 307 |

**Variables**

|  |  |  |
| --- | --- | --- |
| **SERIAL NUMBER** | **QUESTION** | **POSSIBLE VALUES** |
| 23200 | There are clear about their feelings. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23201 | They pay attention to how they feel. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23202 | They experience their emotions as overwhelming and out of control. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23203 | They have no idea how they are feeling. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23204 | They have difficulty in making sense out of their feelings. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23205 | They are attentive to their feelings. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23206 | They know exactly how they are feeling. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23207 | They care about what they are feeling. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23208 | They are confused about how they feel. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23209 | When they are upset, they acknowledge their emotions. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23210 | When they are upset, they become angry with themselves for feeling that way. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23211 | When they are upset, they become embarrassed for feeling that way. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23212 | When they are upset, they have difficulty getting work done. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23213 | When they are upset, they become out of control. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23214 | When they are upset, they believe that they will remain that way for a long time. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23215 | When they are upset, they believe that they’ll end up feeling very depressed. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23216 | When they are upset, they believe that their feelings are valid and important. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23217 | When they are upset, they have difficulty focusing on other things. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23218 | When they are upset, they feel out of control. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23219 | When they are upset, they can still get things done. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23220 | When they are upset, they feel ashamed with themselves for feeling that way. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23221 | When they are upset, they know that they can find a way to eventually feel better. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23222 | When they are upset, they feel like they are weak. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23223 | When they are upset, they feel like they can remain in control of their behaviors. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23224 | When they are upset, they feel guilty for feeling that way. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23225 | When they are upset, they have difficulty concentrating. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23226 | When they are upset, they have difficulty controlling their behaviors. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23227 | When they are upset, they believe that there is nothing they can do to make themselves feel better. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23228 | When they are upset, they become irritated with themselves for feeling that way. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23229 | When they are upset, they start to feel very bad about themselves. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23230 | When they are upset, they lose control over their behaviors. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23231 | When they are upset, they have difficulty thinking about anything else. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23232 | When they are upset, they believe that wallowing is all they can do. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23233 | When they are upset, they take time to figure out what they are really feeling. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23234 | When they are upset, it takes them a long time to feel better. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 23235 | When they are upset, their emotions feel overwhelming. | 1 = Never  2 = Sometimes  3 = About half of the time  4 = Most of the time  5 = Almost always |
| 25000 | Scoring: Clarity | Sum: 23200\_r, 23203, 23204, 23206\_r, 23208. |
| 25001 | Scoring: Strategies | Sum: 23214, 23215, 23221\_r, 23227, 23229, 23232, 23234, 23235 |
| 25002 | Scoring: Awareness | Sum: 23201\_r, 23205\_r, 23207\_r, 23209\_r, 23216\_r, 23233\_r |
| 25003 | Scoring: Impulsive | Sum: 23202, 23213, 23215, 23223\_r, 23226, 23230 |
| 25004 | Scoring: Goals | Sum: 23212, 23217, 23219\_r, 23225, 23231 |
| 25005 | Scoring: Nonaccept | Sum: 23210, 23211, 23220, 23222, 23224, 23228 |
| 25006 | Scoring: Total | Sum: 23200\_r, 23203, 23204, 23206\_r, 23208, 23214, 23215, 23221\_r, 23227, 23229, 23232, 23234, 23235, 23201\_r, 23205\_r, 23207\_r, 23209\_r, 23216\_r, 23233\_r, 23202, 23213, 23215, 23223\_r, 23226,23230, 23212, 23217, 23219\_r, 23225, 23231, 23210, 23211, 23220, 23222, 23224, 23228 |