

# **Elevating Family and Community Voices: Culturally Humble Approaches**

Colleen Young, MSW  
Ivonne Smith-Tapia, MSW



University of  
Pittsburgh

Office of Child Development

# WHY ELEVATING FAMILY AND COMMUNITY VOICES IS IMPORTANT?

"When parent leaders speak out, their voices carry the **authority of lived experience. They understand how gaps in social, health, and educational services limit their children's future in critical ways.** They learn to work with parents across boundaries of education, race, income, language, and culture. When elected officials and policy-makers listen to parent leaders, they become more aware of how their actions affect children and families, especially those who lack income or education, or who are marginalized by race, language, and culture"



Henderson, A. T., K. G. Kressley, and S. Frankel. 2016. Capturing the Ripple Effect: Developing a Theory of Change for Evaluating Parent Leadership Initiatives, Final Report, Phase I. Providence, RI: Brown University, Annenberg Institute for School Reform.

# THEORETICAL BACKGROUND

**Community-based Participatory Research:** Building on the strengths and resources of the community. Facilitating a collaborative, equitable partnership in all phases of research (Israel et al. 2010)

**Parent Leadership:** The existing research on parent leadership comes from Early Head Start, Family Support, and K-12 education.

Importance of recognizing and supporting natural leaders as agents of change (Langford and Weissbourd 1997; Toso and Gungor 2012).

In education settings parent leadership is recognized as fundamental for advocating for change at the individual and system levels. (Cunningham et al. 2012).



## OUR APPROACH

- We use data to inform our work but we prioritize listening to families
- We develop relationships with families based on trust and respect
- We work in partnership with organizations, the community, and families
- We make sure to involve families that represent the diversity of the community
- We create opportunities to address structural barriers based on power, race, class, culture, and education
- We create and use appropriate tools to communicate effectively

# CASE STUDY

- 71** Immigrant and refugee parents participated in 7 focus groups and shared their parenting experiences with us.
- 14** Teenagers shared their perspectives on the support and services needed for their parents
- 7** Interviews with local service providers, six of them being immigrants themselves
- 3** Video interviews with Mexican, Bhutanese, and Somali-Bantu families

# ASSUMPTIONS

01

Limited access to transportation, housing, interpretation services, and difficulties navigating systems are barriers for parents raising their children. (DHS Scan 2013; Immigrant Blueprint 2016)

02

Parenting is intrinsically influenced by culture.  
(Bornstein, 2013)

03

Standards for good parenting practices and thus parenting programs often reveal a mono-cultural lens based on Western European-American models. (Lancy, 2015; Renzaho et al., 2011; Bond, 2019; Zhai, 2017).



# THE PROCESS



# WHAT WE LEARNED FROM PARENTS

1. Parents want to learn new parenting skills while maintaining their culture and traditions

"The culture is different, we are afraid of how to raise our kids in this country because of the cultural differences." (Syrian mother)

"I knew everything about mothering in Turkey, but here I think I know nothing." (Turkish mother).





# WHAT WE LEARNED FROM PARENTS

2. Parents need support from teachers and schools to increase their engagement with their children's education

"We don't know the rules here. Is it our responsibility to go to the teacher and ask about our kids ? Or will they contact us? We don't understand the connection between us and the school." (Syrian mother)



# WHAT WE LEARNED FROM PARENTS

3. Parents want access to information about how to navigate systems and access affordable and quality housing, transportation, and childcare


“We need more information about how to assimilate to the American lifestyle as an undocumented immigrant, for instance, learn about local laws, how to open a bank account, how to ask for a loan, how to start building a credit history, and how to open their own businesses.” (Central American Parent)



# Amina's Experience as a Mother



## CONCLUSIONS AND RECOMMENDATIONS

- Collaborate and partner with community leaders and trusted organizations
  - Give yourself time to develop relationships and get to know the communities
  - Make sure the people you involve represent diversity from the community
  - Use appropriate tools to communicate effectively
  - Value and compensate community members' time and expertise as much as you do professionals
- 



# REFERENCES

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