

Future MEDIC: Student-Led Health Care Exploration for Underserved Youth

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INTRODUCTION

- Increased representation among healthcare professions is needed to provide the best care to patients.
- Healthcare professionals from underrepresented backgrounds are more likely to work in underserved communities, and that it is vital to maintain their early interest in science¹
- Future Medical Education and Development Introductory Course (MEDIC) is a medicalstudent-led school program providing interprofessional education for students.

METHODS

- 26 8th grade students participated over five weekly sessions
- Mann Whitney's U tests and Wilcoxon Rank Sum tests were used to compare paired and unpaired data, respectively

Week One Introduction to Flight Medicine

Week Two Intro to

Healthcare Careers

Week Three Nursing and Dentistry

Week Four

Physical Examination Workshop

Week Five Pharmacy and Blood Pressure Measurement Simulation

Figure 1. Flowchart of weekly lessons. Presurvey was administered Week 2, and postsurvey was administered Week 5.

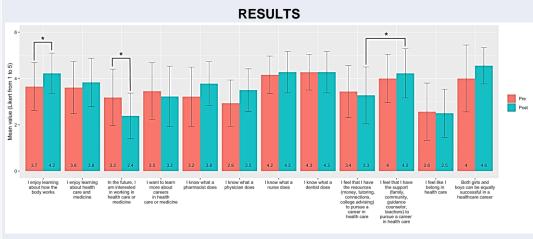
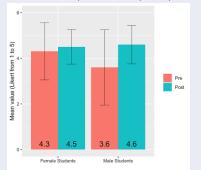
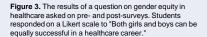


Figure 2. The results of 12 questions asked on pre- and post-surveys. The questions were asked on a 5 point Likert scale (Strongly Disagree to Strongly Agree).





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Figure 4. The results of 5 questions asked on post-surveys only.

Student Quotes

"The reflex station was my favorite. I could test reflexes all day!"

"Teeth are the coolest. I want to be a dentist."

Future Topics Students Would like to Learn About

- Prescriptions
- Women's Health
 - Surgery
 - CPR
- Sports Medicine

CONCLUSIONS

Hands-on activities were the most fun and engaging for students

Although students enjoyed the program overall, this did not correlate with an interest in pursuing a healthcare career

- Future directions:
 - Feature careers that are more diverse in field and schooling length
 - Limit the amount of didactics in favor of small group activities
 - Consider transitioning MEDIC to after-school or opt-in format for interested students

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