

Advancing Community Engagement (ACE) A Pitt Seed project

Goal: Grow the community engagement ecosystem

Method: Offer training and funding that supports efforts to collaborate with community partners to initiate a student-led initiative with mutual benefits

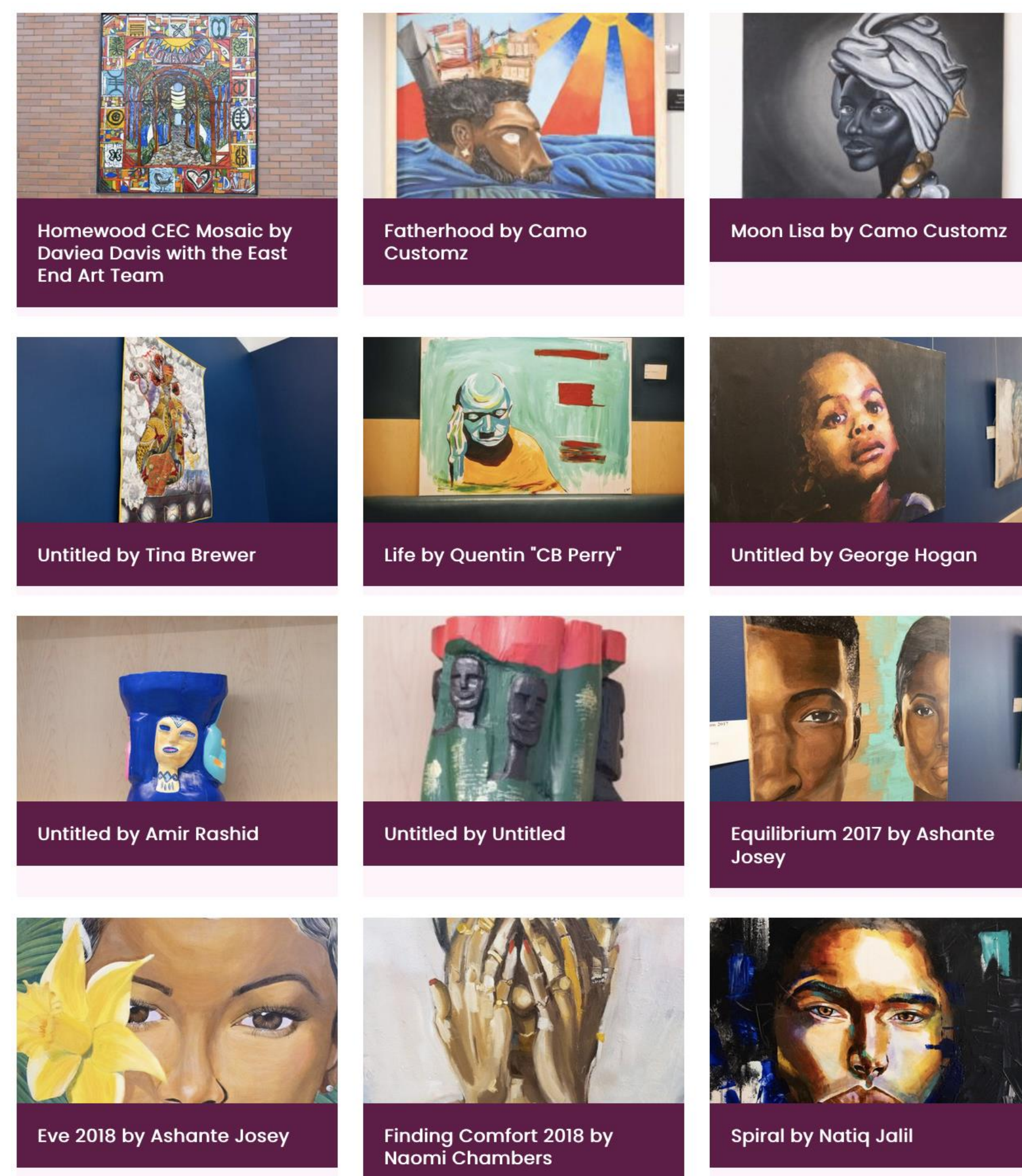
Thanks to the Pitt Seed Program for supporting this project!

Future Studio/Homewood Curatorial Project

Create opportunities for local artists to present their work at the Homewood CEC.

Program Goals

- Connect with local artists and curators, supporting their practices. Through this we will build stronger relationships between Pitt and creative communities in Pittsburgh
- Develop and implement a plan for the presentation of artists work at the Homewood CEC. These exhibitions may consist of a single individual's body of work, a group show or gathered by theme or topic and build upon previous efforts (image below)
- Organize receptions/events celebrating these artists
- Create websites/databases to share and store information gathered throughout this project so that this project may be replicated and built upon



Use of Funds

Artist/Curator Stipends Intern wages Materials for exhibitions

Blood Pressure Screening & Home Monitoring

Program Goals: 1) increase access to blood pressure screening events in underserved neighborhoods; 2) increase availability of home blood pressure monitoring devices

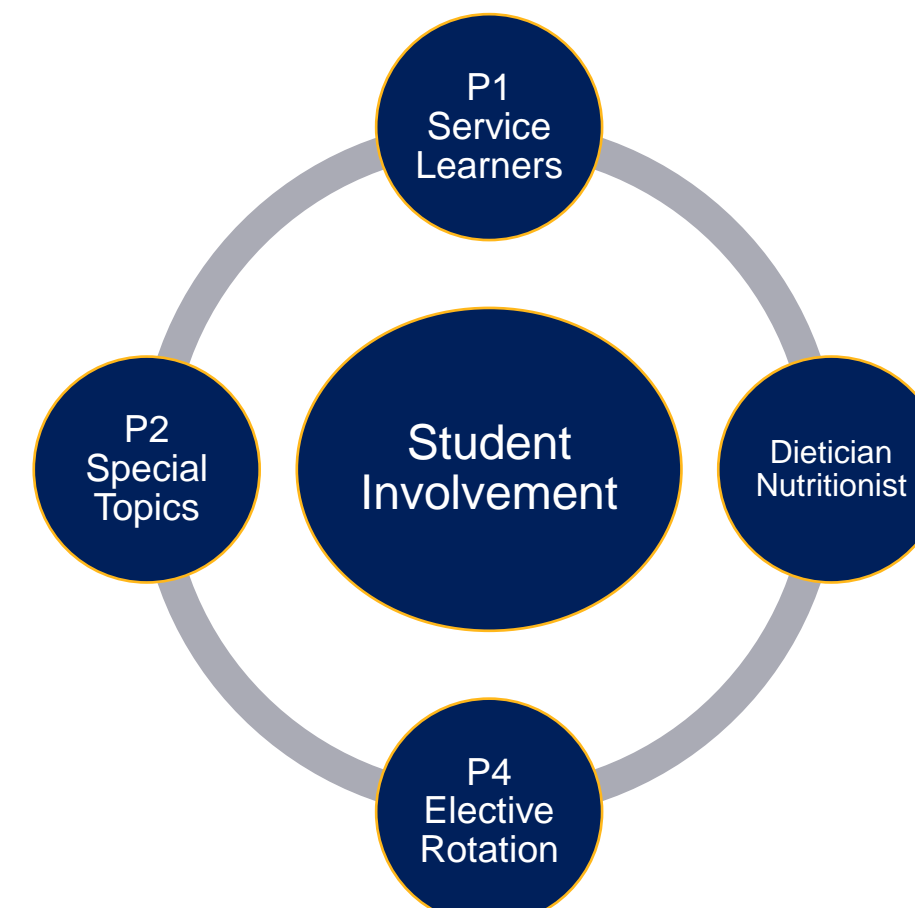
Community Partners

- Bennett Place, Healthy Active Living Center**
 - Apartment living in Homewood
 - Senior center in Homewood
- Matilda Theiss Family Health Center**
 - Family medicine office in the Hill District
- American Heart Association**
 - Support from local community impact director

Use of Funds

- Blood Pressure Cuffs
- Nutrition Demos
- Educational Materials

Learners



My Blood Pressure Log

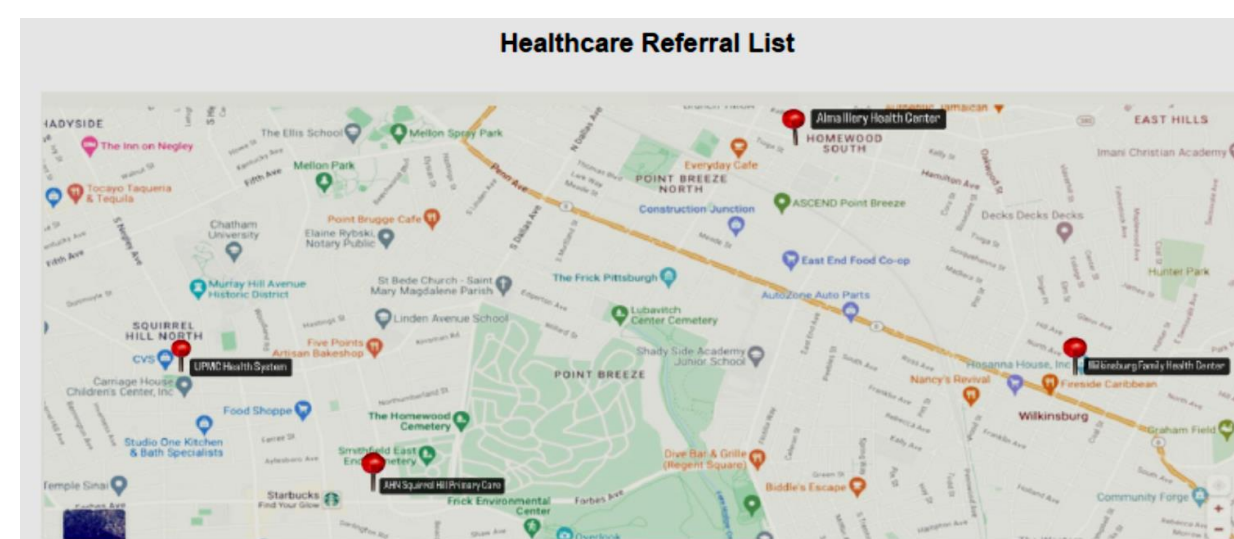
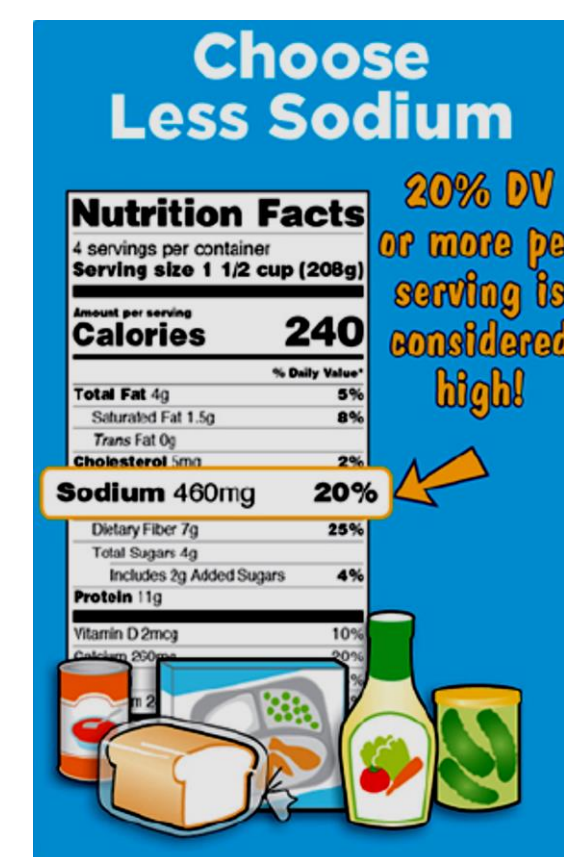
Name: _____

My Blood Pressure Goal: _____ mm Hg

Instructions:

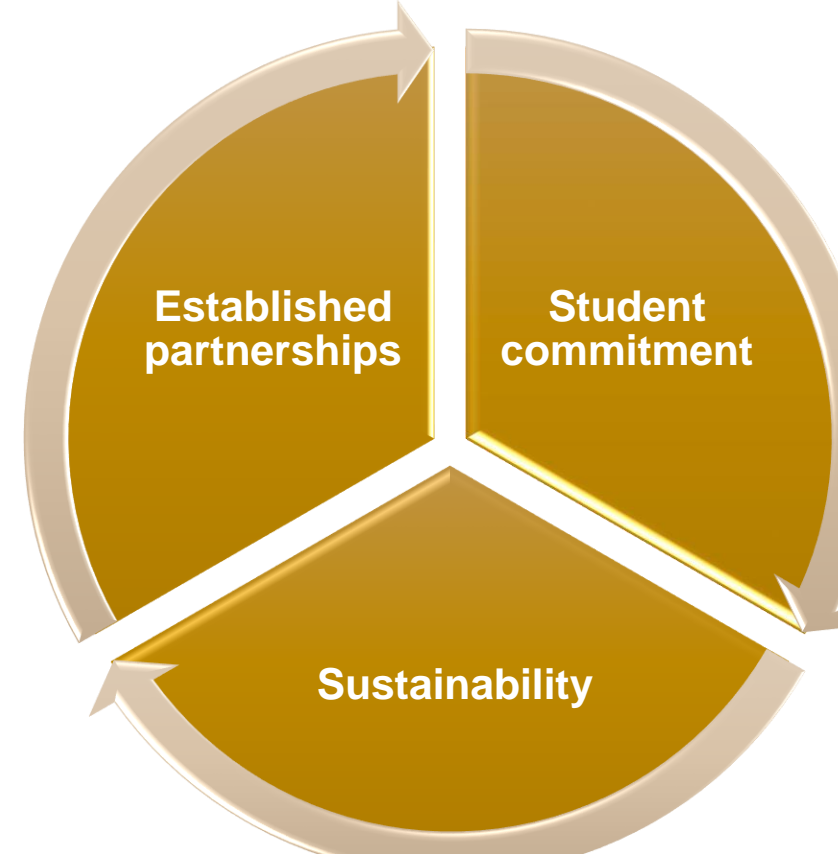
- Measure your blood pressure twice a day—morning and late afternoon—on about the same time every day.
- For best results, sit comfortably with both feet on the floor for at least two minutes before taking a measurement.
- When you measure your blood pressure, rest your arm on a table so the blood pressure cuff is at about the same height as your heart.
- Record your blood pressure on this sheet and show it to your doctor at every visit.

DATE	AM	PM	DATE	AM	PM



Program Evaluation

- Attendees at screening events
- Number of cuffs provided
- Number of participants that engage in follow-up with students
- Number of participants that are linked to a healthcare resource / referrals made



Beyond the Bell

After-school health and wellness program for middle-school aged students

Pitt's Community Engagement Center in Homewood



Goal 3: create more and better out of school time (OST) options.



The goal is to combine Pitt's work at the community engagement centers and identified needs in the Homewood Comprehensive Community Plan for quality out of school time, after-school programs for youth.

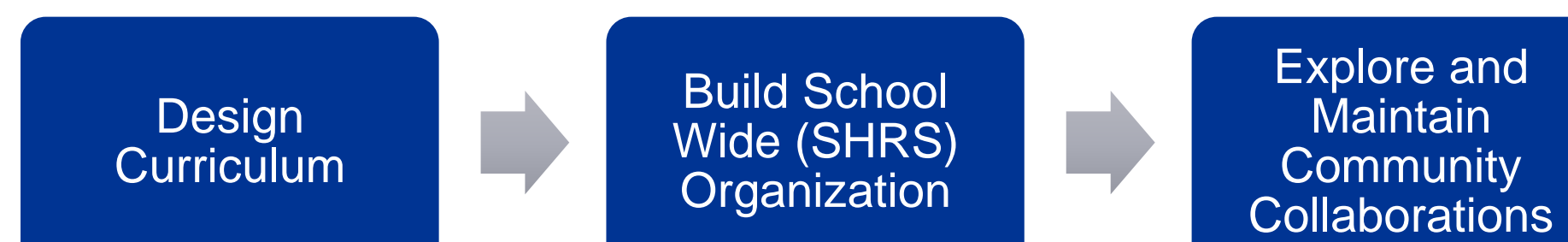
The U.S. CDC has found that OST programs can support academic achievement and reduce health disparities when implemented according to evidence-based practices.



Program Goals and Evaluation

- Develop an interdisciplinary team of faculty and students in SHRS with the expertise to design/develop a health and wellness centered program
- Develop a 10-week curriculum for program that focusses on the dimensions of health and wellness and is tailored to the community
- Pilot the program in a 4-week design by May 2023
- Track the number of participants who sign up for the program and attendance and engagement using the Pittsburgh Rehabilitation Participation Scale
- Receive data on participants confidence and satisfaction at the end of the program

Sustainability Plan



Magical Math

Outreach to elementary school students through the STEAM Saturday's program at

Pitt's Community Engagement Center in the Hill District

Magical Math Goals

- Fun and educational math experiences for elementary students
 - Manipulatives and games during every session
 - Preparing elementary students for success in middle school algebra
- Pitt students expand their horizons
 - Experience with elementary level education, the Hill District, and the Community Engagement Center
 - Initiative to manage and execute the program

Use of Funds

- Educational materials
- Curriculum development
- Tutor wages

Program Evaluation

Tutor assessments of curriculum, measuring student progress, satisfaction of parents/guardians

Sustainability goals

Retention and growth of Pitt students who run the program, exploring expansion into middle school age group, connecting with professional elementary educators in the Hill District

Acknowledgements

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- Department of Mathematics
- School of Health and Rehabilitation Sciences and the SHRS Wellness Pavilion
- School of Pharmacy and MedWell
- Department of Studio Arts