# **Improving Patient Access to Outpatient Cardiology Services: Three Approaches**

by

# **Drew Isaac Trate**

Bachelor of Science, Pennsylvania State University, 2021

Submitted to the Graduate Faculty of the Department of Health Policy and Management School of Public Health in partial fulfillment of the requirements for the degree of Master of Health Administration

University of Pittsburgh

2023

# UNIVERSITY OF PITTSBURGH

# SCHOOL OF PUBLIC HEALTH

This essay is submitted

by

# **Drew Isaac Trate**

on

April 7, 2023

and approved by

**Essay Advisor:** Mike Evans, MPH, Adjunct Professor, Department of Health Policy and Management, School of Public Health, University of Pittsburgh

Essay Reader: Michael A. Mathier, MD, Professor of Medicine, Department of Medicine, Division of Cardiology, School of Medicine, University of Pittsburgh

Essay Reader: Anne McGinnis, MBA, Assistant Administrator, Heart and Vascular Institute, UPMC

Copyright © by Drew Isaac Trate

2023

# **Improving Patient Access to Outpatient Cardiology Services: Three Approaches**

Drew Isaac Trate, MHA

University of Pittsburgh, 2023

#### Abstract

Improving patient access is an essential function of any healthcare provider organization that seeks to promote the timely use of health services to achieve an optimal outcome for patients. Patient access has taken on a greater public health relevance throughout the COVID-19 pandemic as patients delayed seeking care, elective surgical procedures were suspended, and a national healthcare labor shortage ravaged provider organizations' abilities to sustain operations. From May to November of 2023, during my Administrative Residency with the executive leadership team at the University of Pittsburgh Medical Center (UPMC) Heart and Vascular Institute (HVI), I had the opportunity to play an active role in the health system's push to promote patient access. As a Resident, I contributed to three projects which supported the UPMC Health Services Division's patient access initiative. These three projects sought to address geographic access barriers for UPMC HVI patients in southwestern Pennsylvania, analyze call center operations to improve patient scheduling, and develop a strategic talent pipeline for cardiac imaging through the optimization of clinical rotation placements.

# **Table of Contents**

1.0 Introduction: Patient Access and the UPMC Heart and Vascular Institute1
1.1 Project One
1.1.1 Problem Statement
1.1.2 Purpose Statement
1.1.3 Introduction and Background
1.1.4 Methods
1.1.5 Results and Discussion
1.1.6 Recommendations
1.1.7 Competency Development
1.2 Project Two
1.2.1 Problem Statement
1.2.2 Purpose Statement
1.2.3 Introduction and Background
1.2.4 Methods11
1.2.5 Results and Discussion11
1.2.6 Recommendations13
1.2.7 Competency Development14
1.3 Project Three14
1.3.1 Problem Statement14
1.3.2 Purpose Statement15
1.3.3 Introduction and Background1

1.3.4 Methods	16
1.3.5 Results and Discussion	17
1.3.6 Recommendations	
1.3.7 Competency Development	20
1.4 Conclusion	
2.0 Figures and Tables	
2.1 Figures	
2.2 Tables	
Bibliography	

# List of Tables

Table 1. VCC and CRM KPI Descriptions	32
Table 2. Current and Future State Goals for Echocardiography Training and Education	33
Table 3. KPI Domains for Monitoring Echocardiography Student Placements	33

# **List of Figures**

Figure 1. Map of UPMC HVI and WVU Medicine HVI Clinics in SW Pennsylvania	22
---	----

Figure 3. UPMC HVI Bridgeville and South Hills Adults Patient Density by ZIP Code .... 23

Figure 4. UPMC HVI Bridgeville and Washington Pediatric Patient Density by ZIP Code

_	-		-		
Figure 6	. Coverage Created by a Potential New	Clinic Loca	tion in Califroni	ia, PA	25
Figure 7	. SWOT Analysis of a Potential New Cli	inic in Calif	ornia, PA		26

Figure 8. UPMC HVI VCC and CRM Dashboard Landing Page	27
Figure 9. CRM Dashboard Filtered by Practice	28
Figure 10. Drill-Down View of CRM Drivers	29
Figure 11. UPMC HVI VCC Dashboard	30
Figure 12. Operational Commond of the Workgroup	30

Figure 13. UPMC HVI Echocardiography Vacancy Report as of June 2022	31
Figure 14. Functions and Features of myClinicalExchange	. 32

#### 1.0 Introduction: Patient Access and the UPMC Heart and Vascular Institute

The Agency for Healthcare Research and Quality (AHRQ) defines patient access as "the timely use of personal health services to achieve the best health outcomes" (AHRQ, n.d.) According to AHRQ, patient access has four key components: coverage (insurance), services (usual source of care), timeliness, and workforce (ARHQ, n.d.). Additional factors that influence patients' ability to access care include bias within the medical community, work-related barriers, geographic location, and communication barriers (Wolters Kluwer, 2022). Improving access to healthcare services is a major priority of the U.S. Department of Health and Human Services as outlined in the Healthy People 2030 report (HHS, 2020). National efforts to improve access to healthcare services have shown some signs of improvement in recent years as the percentage of people reporting that they cannot get medical care when they need it dropped from 8.5% in 2019 to 7.0% in 2021 (HHS, n.d.). Despite the signs of improvement, these figures do not account for the impact that the COVID-19 pandemic had on the ability of healthcare organizations and the healthcare workforce to ensure that patients can access care in a timely fashion.

The COVID-19 pandemic rapidly changed the healthcare landscape for patients, providers, and insurers. Hospitals had to navigate huge surges in ICU capacity, suspensions of elective procedures, and decreased outpatient specialty and primary care volumes (Cole, 2021). Simultaneously, an economic crisis caused millions of Americans to lose their employer-sponsored health insurance (Cole, 2021). These challenges were exacerbated by the fact that the U.S. has a fragmented healthcare delivery system where gaps in accessibility have persisted for years.

Additionally, the COVID-19 pandemic pushed the healthcare workforce dangerously close

to a breaking point. During the height of the pandemic, up to 30% of healthcare workers considered leaving the workforce, and almost 60% said that they experienced impacts on their mental health (AHA, 2021). These figures are especially alarming considering that prior to the COVID-19 pandemic, the U.S. was already projected to experience a shortage of healthcare workers with estimates projecting shortages of hundreds of thousands to millions.

Health systems, big and small, independent provider organizations, insurers, and government entities will all play a role in generating solutions to improve access to care. I had the opportunity to play my part in solving these challenges during my Administrative Residency with the Heart and Vascular Institute (HVI) at the University of Pittsburgh Medical Center (UPMC). The UPMC HVI is an integrated academic cardiovascular service line that includes multiple cardiology subspecialties, cardiac surgery, and vascular surgery. The UPMC HVI has 70+ clinical locations which cover service areas in Central and Western Pennsylvania, Western Maryland, and Western New York.

During my time at the HVI, the executive leadership team of UPMC's Health Services Division mobilized leadership teams from across the health system in an all-hands-on-deck effort to improve patient access. This patient access initiative would dominate my residency experience because the HVI's vice president, who was also one of my residency preceptors, was tasked with leading this initiative for the Health Services Division. Subsequently, I was afforded the opportunity to be a direct contributor to this initiative through the UPMC HVI. The following executive summaries will highlight three unique projects that I worked on throughout my Administrative Residency. Broadly speaking, these projects focused on geographic access barriers, call center performance monitoring, and stabilizing the cardiac imaging workforce.

## 1.1 Project One

# **1.1.1 Problem Statement**

The UPMC HVI currently lacks a significant outpatient presence for adult and pediatric cardiology outside the south suburbs of Pittsburgh, PA. This region's lack of an outpatient clinic creates a geographic access barrier for established and potential new patients residing in this region.

#### **1.1.2 Purpose Statement**

This strategic analysis of the UPMC HVI's outpatient services in Southwestern PA will focus on areas beyond the south suburbs of Pittsburgh. Specifically, the analysis will look to identify opportunities for expansion of the service line's outpatient presence in the following counties: Allegheny, Fayette, Greene, and Washington, as well as portions of Westmoreland County. At the conclusion of this project, UPMC HVI leadership will have a thorough assessment of the current state of the service line's outpatient presence in the defined region including gaps in coverage, identification of major competitors, and specific location recommendations for an outpatient clinic location.

## **1.1.3 Introduction and Background**

In the spring of 2022, UPMC's marketing intelligence team performed a preliminary analysis of adult and pediatric cardiology procedural visits over a 5-year period revealing that the

UPMC HVI had experienced consistent patient volume loss to multiple competitors who are situated in areas surrounding suburban Pittsburgh to the south and east. Members of the UPMC HVI executive leadership team hypothesized that these volume losses were driven by a lack of outpatient locations in these regions thus creating a geographic barrier for established and potential new patients to access cardiovascular services through the UPMC HVI. It has been well-established that geographic barriers disrupt the continuity of care by causing patients to miss appointments and by creating medication non-adherence (Syed et al., 2013). This is particularly alarming for cardiology patients as geographic barriers related to transportation have been associated with increased mortality for patients who had experienced acute coronary syndrome (Erskine et al., 2018). The findings of the initial analysis and implications regarding access and quality generated significant interest from the UPMC HVI executive leadership team to explore the issue further.

The exploration of expansion opportunities in the outpatient setting is also a key business priority for many health systems in the changing healthcare landscape. Recent research from Huron Consulting Group reveals that 44% of health executives believe that outpatient care will be a major growth area (Huron Consulting Group, 2019). At the same time, 50% of health executives report that their organization does not have an outpatient growth strategy in place (Huron Consulting Group, 2019). This project provided an opportunity for me to directly support the UPMC HVI executive leadership team in crafting a strategy for a high-growth line of business for the service line.

#### 1.1.4 Methods

To complete the strategic analysis of the UPMC HVI's outpatient presence in Southwestern

PA our team had to leverage findings from previous analyses, internal data, and external data. The internal data that was needed to complete the analysis included existing UPMC HVI outpatient clinic locations, adult and pediatric clinic volumes, and patient ZIP codes. We obtained historical data from ~18,000 outpatient visits from Q3 2020 to Q2 2022 through UPMC's internal clinical analytics tools. Data were obtained from the following three UPMC HVI clinics: Bridgeville, CHP Washington, and South Hills. These clinics were specifically chosen because they are nearest to our previously defined area of focus. The only external data we utilized was the location of outpatient clinics for the UPMC HVI's major competitor in the southern region, the WVU Medicine HVI. This information was available on WVU Medicine's website.

This data provided us with all the information needed to complete the following deliverables. All analyses were done in Power BI utilizing the ArcGIS application. First, we began by mapping the locations of the existing UPMC HVI and WVU Medicine HVI clinics. Once clinics had been mapped, we performed a 30-minute drive time analysis for the following UPMC HVI clinic locations to assess total geographic coverage: Latrobe, Somerset, Washington, White Oak, and Western Maryland. I was then tasked with using internal patient data to create heat maps of adult and pediatric patient populations for UPMC HVI clinics of interest at Bridgeville, South Hills, and CHP Washington. The heat map of the existing patient population was then overlayed with the map of clinic locations and a 30-minute drive time radius for each clinic. Other deliverables included mapping a 30-minute drive time radius from our proposed new clinic location, SWOT analysis of our recommendation, and a slide deck highlighting our findings which was presented to UPMC HVI executive leadership.

#### **1.1.5 Results and Discussion**

Our first objective was to establish the extent to which the WVU Medicine HVI had encroached into Southwestern PA. Once we mapped existing UPMC HVI and WVU Medicine HVI clinic locations, we identified a potential opportunity area (highlighted in orange) to explore further (Figure 1). This potential opportunity area encompasses an area of Southwestern PA including the towns of Belle Vernon, California, Connellsville, Uniontown, and Waynesburg. A 30-minute drive time radius from several UPMC HVI clinics surrounding this region gave further support to our initial opportunity area finding as a clear UPMC HVI coverage gap was visualized (Figure 2). The northernmost WVU Medicine HVI clinic is in Monongahela, PA, and this location lies within the 30-minute drive time radius of several UPMC clinics (Figure 2).

The next step in our analysis was to map the existing adult and pediatric patient populations for the UPMC HVI Bridgeville, South Hills, and CHP Washington clinics. The adult patient population map revealed a high patient density living in Pittsburgh's southern suburbs and isolated pockets of high patient densities in California, PA, and Uniontown, PA (Figure 3). The highest patient density area outside of urban and suburban Pittsburgh was Washington, PA (Figure 3). The map of pediatric patient density revealed similar findings to the map of adult patients, but with two notable exceptions. Unlike the adult patient population, no significant pediatric patient population appeared in California, PA, but there was a higher density of pediatric patients in the Waynesburg, PA area (Figure 4).

Overlaying the 30-minute drive time map onto the ZIP code patient density map helped to visualize the geographic coverage gap that established patients were facing (Figure 5). A trio of WVU Medicine HVI clinics surrounds this area to form a triangle. This triangle is centered around California, PA, and is anchored by clinic locations in Waynesburg to the southwest, Uniontown to

the southeast, and Monongahela to the north (Figure 5). We then added a hypothetical UPMC HVI clinic location in California with a 30-minute drive time radius to assess the coverage this location provides to the isolated patient populations facing longer driving distances to access cardiovascular care through the UPMC HVI (Figure 6).

#### **1.1.6 Recommendations**

After thoroughly reviewing the findings of the analysis our team officially presented the results to the UPMC HVI executive leadership team. We identified California, PA as the most suitable location for a potential new UPMC HVI outpatient location in the region extending beyond Pittsburgh's south suburbs. In addition to our maps that visualized existing patient population densities, existing clinic locations, and drive times, we also presented a SWOT analysis of the California, PA location to further contextualize our recommendation (Figure 7). The UPMC HVI executive leadership ultimately accepted the findings of our analysis which were then forwarded to UPMC's corporate real estate team for further review.

Overall, this project was successful at assessing the current state of the UPMC HVI's outpatient presence in the region extending beyond Pittsburgh's south suburbs and it successfully identified a specific location to target for a potential new clinic. The methodologies that we employed can be very useful to create a starting point for more in-depth analysis, but ultimately do not tell the whole story due to limited data sources and analytic capabilities. For future analyses, I would recommend that they are done in conjunction with UPMC's marketing intelligence team to obtain a more comprehensive assessment of the market in question. This approach would allow for expanded data capabilities stemming from broader data sources and more advanced analytics.

## **1.1.7 Competency Development**

My participation in this project allowed me to strengthen the Pitt MHA competencies of analytical thinking, communication, and strategic orientation. My analytical thinking was strengthened by considering the problem at hand and then identifying what data we already had, what data we would need to obtain, what data tools we would use, and identifying the most effective way to visualize data. Utilizing data tools such as Power BI and ArcGIS massively improved my data analysis and data visualization skills. Strategic orientation was strengthened by understanding the implications this project had for the service line's outpatient growth strategy which is aimed at improving geographic coverage for existing patients. Lastly, this project strengthened my communication skills by providing regular project updates to leadership and presenting findings to the executive leadership team. The regular project meetings and final presentations of the project's findings helped me develop an executive presence that I continue to build upon.

#### **1.2 Project Two**

# **1.2.1 Problem Statement**

The UPMC HVI currently lacks a comprehensive method for evaluating the performance of outpatient office visit scheduling. Without the ability to assess the outpatient office visit scheduling process, UPMC HVI executive leadership lacks sufficient information to drive decision-making regarding optimization efforts to enhance patient access in the outpatient setting by reducing the burden of office visit scheduling.

#### **1.2.2 Purpose Statement**

This project sought to assess and improve the current state of performance monitoring for scheduling processes used by the UPMC HVI for outpatient office visits. The project is focused on evaluating the UPMC HVI's largest outpatient scheduling pathway, the virtual call center (VCC). The major deliverable of this project is a business intelligence tool that UPMC HVI executive leadership can use to evaluate key performance indicators (KPIs) for the VCC. Insights from the business intelligence tool will lead to enhanced data-driven decisions by the UPMC HVI executive leadership team to identify additional areas of process improvement impacting patient access including provider template optimization.

#### **1.2.3 Introduction and Background**

In response to UPMC's system-wide patient access initiative, the executive leadership team of the UPMC HVI began evaluating the current state of outpatient access within the service line. This evaluation led to a decision to create a standalone UPMC HVI virtual call center (VCC). The VCC quickly became the highest volume access pathway for patients trying to obtain outpatient cardiovascular services through the UPMC HVI. The creation of the VCC necessitated the creation of a VCC performance management plan for UPMC HVI executive leadership to assess the call center's ability to enhance the scheduling process for outpatient office visits. When I began my Administrative Residency in May 2022, managers of the VCC only had access to select call center metrics provided by UPMC's corporate scheduling service.

The lack of a comprehensive performance monitoring system for the call center created several issues for the UPMC HVI executive leadership team. First, a non-existent performance monitoring system means that executive and operational leadership do not have adequate means to analyze the overall operational performance of the VCC. Second, incomplete information created barriers to performing root cause analysis into specific problem areas to uncover underlying inefficiencies in scheduling processes. Finally, KPIs and associated benchmarks are not integrated into one platform to be tracked month over month to assess improvement efforts.

Performance monitoring and call center optimization are critical factors in the UPMC HVI's efforts to successfully achieve patient access improvements that UPMC system leadership is aspiring to achieve. This is underscored by a 2021 report from the Association of America Medical Colleges (AAMC) and healthcare performance improvement giant, Vizient, which identified actionable data analytics as a primary driver of optimized ambulatory access in academic medicine (AAMC & Vizient, 2021). The same report also notes that standardized metrics and benchmarking of data are secondary drivers to optimized ambulatory access. (AAMC & Vizient, 2021). The importance of establishing KPIs and benchmarking call center data is further supported by a 2019 study within the Veterans Health Administration which demonstrated that decreased average speed to answer (ASA) is associated with improved perceptions of urgent care access without accompanying decreases in scheduling lag times (Griffith et al., 2019).

VCC performance monitoring will also align with the UPMC HVI's concurrent effort to optimize outpatient provider scheduling templates. Efforts to optimize and standardize outpatient provider templates have proven potential to increase patient access through the creation of more appointment blocks (Volk et al., 2019). By utilizing customer relation management (CRM) data from the VCC, the performance monitoring system will be able to inform operational leaders of the successful creation of additional capacity for outpatient appointments.

#### 1.2.4 Methods

As stated in the purpose statement section, the major deliverable of this project is a business intelligence tool that will empower the UPMC HVI executive leadership team to make data-driven decisions regarding outpatient scheduling optimization. To accomplish this goal, the UPMC HVI's Director of Analytics and Quality (Director) and I collaborated with operational leaders to identify relevant data sources and KPIs. Once data was identified and obtained, the Director and I worked to clean data and build an interactive dashboard in Power BI. We were instructed to create a beta version of the dashboard to be presented to operational leaders to receive feedback. Their feedback was then incorporated into a second version of the dashboard that would go on to be presented to UPMC HVI executive leadership.

#### 1.2.5 Results and Discussion

Our first goal was to identify existing data sources relating to the operational performance of the VCC. After interviewing HVI managers with oversight of VCC operations we successfully identified two data sources that would feed into our initial dashboard. The first data source was an automated monthly report of VCC operational metrics for cardiology and cardiac surgery. Cardiology and cardiac surgery reports were generated separately but reported the exact same metrics. The second data source was an automated monthly report of CRM data for the entire VCC. The CRM report included data that would be used to evaluate individual practices on their scheduling processes. While patients reached the HVI by calling the central VCC, the responsibility of resolving CRMs falls on individual practices.

With our data sources identified, we could then turn our attention to establishing KPIs that the dashboard would track month after month. We knew that our selected KPIs would need to showcase the overall operational performance of the VCC while simultaneously allowing operational leaders to access more granular data showcasing the drivers of CRM generation. After assessing what information was available from our data sources and interviewing VCC managers we decided on the KPIs to include for VCC operational performance and CRM generation. Table 1 offers a detailed explanation of the selected KPIs and their categorization (Table 1).

Following the establishment of the KPIs, the Director and I began constructing the HVI VCC and CRM dashboard in Power BI. Figure 8 shows the initial landing page that users see when they open the dashboard in Power BI (Figure 8). This initial landing page provides an overview of CRM generation for the entire service line. Users can see month-over-month changes for total CRMs, average days to resolve CRMs, % of CRMs escalated, total CRMs by practice, and top 5 reasons for CRM generation. The CRM dashboard is highly interactive and offers several ways in which data can be filtered. Since CRMs are resolved by individual practices it was very important for us to create an easy way to filter the CRM data by practice. Figure 9 shows how the dashboard can be filtered to a specific practice using the "Department" slicer at the top of the dashboard (Figure 9). All graphics in the dashboard automatically refresh to display the relevant data for that practice only. This feature is very useful for users of the dashboard to identify practices that are either performing very well or very poorly regarding CRM generation and resolution. Figure 10 highlights how the CRM dashboard allows users to drill down to more in-depth CRM data to view

specific reasons for CRM generation (Figure 10). The most important information that this view provides is tracking how many CRMs are generated due to "No Availability for Physician or Site/No Correct Openings". This metric is very useful to gauge the success of outpatient provider template optimization efforts given that template optimization directly correlates to the creation of additional appointments.

On a separate tab of the dashboard, users can view KPIs used to assess overall VCC operational performance (Figure 11). Due to limitations with the available VCC data, this portion of the dashboard is not very interactive or filterable. Individual call center agent performance is not being tracked by this dashboard at this time because that data is already measured separately. Despite the limitations, users can still view the month-over-month performance of the VCC for cardiology and cardiac surgery.

# **1.2.6 Recommendations**

The final version of the dashboard was presented to UPMC HVI executive leadership by the Director and me where we recommended its adoption as the service line's central performance monitoring system for the HVI VCC. Following our presentation and demo UPMC HVI executive leadership accepted the dashboard for use. This result signaled that our efforts were successful in creating a performance monitoring system for the newly created HVI VCC. Looking ahead, streamlining the dashboard update process can be accomplished by utilizing the features of Microsoft's Power Automate app, which can execute regularly scheduled dashboard updates. Finally, in an effort to drive actionable insights, data clarity was improved by reducing the CRM topic list from 52 topics/subtopics to 14 topics/subtopics.

#### **1.2.7 Competency Development**

This project required me to demonstrate and enhance the Pitt MHA competencies of analytical thinking, information technology management, and performance measurement and process management. My analytical thinking was developed by interviewing managers of the HVI VCC to understand VCC functions, identifying available data, and establishing KPIs. The creation of the dashboard itself contributed to the development of my information technology management because it required a great deal of hands-on work with a business intelligence software that I was previously not familiar with, and presented an opportunity to leverage technology resources to improve operations. Lastly, my performance measurement and process management competencies were developed by learning the business processes of the HVI VCC, identifying KPIs to gauge performance, and leveraging data to drive operational decision-making.

#### **1.3 Project Three**

#### **1.3.1 Problem Statement**

In the midst of COVID-19 pandemic-related stressors on the healthcare workforce, the UPMC HVI began experiencing high vacancy rates for cardiac imaging professionals including echocardiography sonographers and invasive cardiac technologists. Prolonged shortages of these staff members have led to backlogs of patients who experience delays in accessing cardiac imaging services at UPMC hospitals.

#### **1.3.2 Purpose Statement**

To address the ongoing staffing challenges impacting cardiac imaging services, UPMC HVI executive leadership assembled a multi-disciplinary workgroup in an all-hands-on-deck effort to evaluate and improve the situation. The work group was given the initial directive to assess the current state of the cardiac imaging workforce in all regions in the service line. The workgroup consisted of administrative, operational, and clinical leaders from across the service line who will work in unison to formulate viable strategies for immediate and long-term improvements in staff recruitment, development, and retention.

#### **1.3.3 Introduction and Background**

Cardiac imaging professionals use specialized equipment to obtain images of heart structures including chambers, muscles, and vasculature. These professionals historically performed invasive procedures in cardiac catheterization labs, but technological advances have led to the growth of non-invasive techniques to obtain similar images of the heart (Blankstein, 2012). The U.S. Bureau of Labor Statistics (BLS), projects job growth of 10% and 14,700 new jobs for diagnostic medical sonographers and cardiovascular technologists between 2021-2031 (U.S. Bureau of Labor Statistics, 2022). This growing demand for cardiac imaging professionals is largely driven by the rising prevalence of cardiovascular disease seen in the American population. Despite this growing demand, health systems across the country face stiff competition to hire and retain cardiac imaging professionals.

Cardiac imaging services were not immune to the impacts that the COVID-19 pandemic has had on the healthcare workforce. Challenges such as burnout, low morale, and competition

from staffing agencies have contributed to healthcare workforce instability (Johnson, 2022). The UPMC HVI has felt the effects of these challenges on its cardiac imaging workforce. The resulting staffing shortage has led the UPMC HVI executive leadership team to weigh the options of consolidating cardiac imaging services to fewer locations or suspending operations at locations. With a growing backlog of patients and significant long-term continuity of operations challenges, the UPMC HVI executive leadership team quickly assembled administrative, operational, and clinical leaders to develop a suite of strategies aimed at stabilizing staffing levels in the near term and developing long-term strategies for improving the cardiac imaging workforce.

# 1.3.4 Methods

Due to the enormity of this challenge, experts from multiple disciplines were organized into a workgroup to lead targeted efforts and develop innovative ideas. It was decided that the workgroup would initially focus its efforts on echocardiography sonographers before focusing on invasive cardiac technologists. The overall operational command of this workgroup rested with the UPMC HVI Director of Operations, Cardiology (Director) who would provide regular updates to the UPMC HVI executive leadership team. The Director organized the various administrative, operational, and clinical leaders into committees where their respective subject matter expertise could be leveraged. The committees would be coordinated by a member of the UPMC HVI project management team who would report to the Director. Figure 12 illustrates the command structure and organization of the workgroup (Figure 12).

Each committee would focus on one of the following strategic pillars: finance, human resources, training & education, point of care ultrasound (POCUS), and recruitment. The committees were tasked with assessing the current state of their respective areas of expertise and

generating viable solutions for problem areas. I was tasked with leading the training & education committee along with the Manager of Cardiovascular Services (Manager) at UPMC Passavant. The training & education committee was specifically tasked with developing solutions to stabilize and grow strategic echocardiography talent pipelines into the UPMC HVI via clinical rotation placements.

#### **1.3.5 Results and Discussion**

Prior to any of the committees beginning their work, it was imperative that all stakeholders had an up-to-date overview of the breadth of echocardiography staffing levels across the service line. Thus, the first order of business was to quantify echocardiography staffing levels in each service line region. An echocardiography vacancy report was created and distributed to the workgroup and UPMC HVI executive leadership monthly. Figure 13 provides a look at echocardiography shortages across the UPMC HVI (Figure 13). In summary, as of June 2022, there was a shortage of over 71 FTEs across all service line regions with UPMC Harrisburg being impacted particularly hard (Figure 13). This data informed the workgroup as well as HVI executive leadership on where to target immediate efforts.

While other committees began formulating and implementing rapid changes to stabilize echocardiography staffing, the training & education committee set out with a longer-term focus. Our first objectives were to define the current state of the HVI's training & education programs for echocardiography, identify opportunities for improvement, and establish future state goals. Table 2 summarizes the committee's findings from a current state analysis and brainstorming sessions for future state goals (Table 2). In short, the UPMC HVI did not have strong relations with external programs that educate echocardiography sonographers, lacked a standardized process for placing echo students into clinical rotations within UPMC facilities, and made no deliberate efforts to hire new graduates with prior clinical experience in a UPMC facility. These findings then led the training & education committee to focus on two main objectives. First, rebuild relationships with the local echocardiography programs at Allegheny County Community College, Harrisburg Area Community College, and South Hills School of Business and Technology. Second, optimize the UPMC HVI's process for placing echocardiography students into clinical rotations.

It was decided that the Manager would take the lead on relationship building between the schools and the UPMC HVI while I handled the task of standardizing student placements across the service line. Members of the training & education committee and I met with representatives from UPMC's Office of Advanced Practice Providers (OAPP) to learn how they were able to manage every single APP clinical rotation placement within UPMC. The representatives from OAPP informed us that they used a software platform from an outside vendor called myClinicalExchange to manage the entire clinical rotation placement process. Figure 14 provides an overview of the functionality that myClinicalExchange offers (Figure 14). In addition to the features outlined in Figure 14, myClinicalExchange can maintain rosters of students who have successfully completed clinical rotations in UPMC facilities to aid in recruitment efforts and standardize the student onboarding process across the service line. The most significant thing we learned about myClinicalExchange was that the software is available to UPMC at no cost because 100% of the cost is passed to the participating schools.

Since there was an existing relationship between myClinicalExchange and UPMC we were able to move quickly to arrange several demos of the software for members of the training & education committee. In the demos, we were able to observe both the process of requesting a student placement and the process of approving the request and placing the student into a clinical rotation. We also learned that the estimated time to configure the software to our needs and complete the implementation would take between 4-6 months. Following these demos, we became confident enough that myClinicalExchange could be a viable solution to accomplish the goal of standardizing echocardiography student placements across the service line. We decided that an initial implementation should be piloted with UPMC HVI clinical locations in Western Pennsylvania to assess the performance of the software as a standardized echocardiography student placement process.

# **1.3.6 Recommendations**

After proposing the idea of a myClinicalExchange implementation to the Director leading the workgroup, I was asked to present it to the UPMC HVI executive leadership team. On behalf of the training & education committee, I formally recommended that the UPMC HVI move forward with the implementation of myClinicalExchange and pilot the software with clinical locations in Western Pennsylvania before expanding to other regions of the service line. Following my presentation, the training & education committee received approval to move forward with the pilot implementation of myClinicalExchange. In the following weeks, I began working with the implementation team at myClinicalExchange to initiate the formal process of configuring and implementing the software in the UPMC HVI. Given the prescribed implementation timeline, I would not be able to see the implementation through to completion and the remainder of the project was handed off to the Manager of Cardiovascular Services at UPMC Passavant.

An additional recommendation that came out of my work with the training & education committee focused on the lack of historical data regarding echocardiography student placements

in the UPMC HVI. Without easily ascertainable data to track echocardiography student placements across the service line, it becomes increasingly difficult to gauge the success of an echocardiography student placement program. Since myClinicalExchange can maintain records of students who were placed into clinical rotations, I would recommend that this data be used to monitor the KPIs outlined in Table 3 (Table 3). This data could also be reconciled periodically with internal HR data to track if students ever ended up being hired at a UPMC facility.

#### **1.3.7 Competency Development**

The experience of participating in the workgroup addressing echocardiography staffing shortages allowed me to strengthen the Pitt MHA competencies of communication, human resources management, and professionalism. My communication was improved by regularly leading committee meetings and communicating the goals of a new student placement process to UPMC HVI leadership, local echocardiography schools, and representatives from myClinicalExchange. My human resources management was improved by learning about staff development, onboarding, and recruitment efforts. Lastly, I was required to demonstrate the highest level of professionalism throughout this project as I represented the UPMC HVI to an outside vendor while trying to expand their relationship with UPMC.

# **1.4 Conclusion**

Before beginning my Administrative Residency with the UPMC HVI, I did not appreciate the many factors that influence patient access nor the downstream implications that poor patient access can have on patients and health services organizations. After working on these three projects, I have been able to gain hands-on experience addressing some of the unique factors that influence patient access while making tangible contributions to one of UPMC's highest-priority strategic initiatives. While some of the work remains to be completed, I am optimistic that these projects will make a tangible impact on the accessibility of care within the UPMC HVI for years to come. As my own professional journey continues, the lessons that I learned while working on these projects will serve me well so long as health systems strive to deliver high-quality care to patients when they need it.

Due to each project's unique nature, I exercised and strengthened a broad range of Pitt MHA competencies. These projects allowed me to develop my analytical and strategic thinking, data analysis skills, human resources management, performance management, and professionalism. Additionally, I was exposed to key issues facing the UPMC HVI regarding the strategic orientation of the service line, workforce shortages, and performance improvement efforts. I would not have been able to benefit from such a well-rounded residency experience if it had not been for the mentorship that I received from my preceptors and other members of the UPMC HVI leadership team. I am eternally grateful that I had the opportunity to interact with senior leaders and contribute at a high level within a highly respected and highly ranked academic cardiovascular service line.

# 2.0 Figures and Tables

# 2.1 Figures



Figure 1. Map of UPMC HVI and WVU Medicine HVI Clinics in SW Pennsylvania



Figure 2. 30-Minute Drive Time Radius from Southernmost UPMC HVI Clinics



Figure 3. UPMC HVI Bridgeville and South Hills Adults Patient Density by ZIP Code



Figure 4. UPMC HVI Bridgeville and Washington Pediatric Patient Density by ZIP Code



Figure 5. 30-Minute Drive Time Radius Overlay w/ Exisiting Patient Density Map



Figure 6. Coverage Created by a Potential New Clinic Location in Califronia, PA

	Positive	Negative
	Strengths	Weaknesses
Internal	Location - closer to existing patients, competes with WVU presence, most densely populated area in Mid-Mon Valley Capabilities - mixed model adult & peds	Closing of nearby clinics occurred in recent years
	Minimizes geographic access barrier for	Would likely need both peds & adult volume
	established patients in the Mon Valley	to make it a viable option
	Opportunities	Threats
	Expands UPMC HVI geographic coverage to capture new patients	~40 minute drive to nearest UPMC hospital (McKeesport)
External	Reaches into more affluent areas by Peter's Twp and captures Uniontown market	~55 minute drive to both UPMC Presbyterian and WVU Ruby Memorial Hospital
	Local college to recruit temp work from Entrenches UPMC HVI front line in SW PA	Local SES and population decline Staffing

Figure 7. SWOT Analysis of a Potential New Clinic in California, PA

			ASONS		CRM: BY DEPART	IVIEI	1 1			
M VOLUME & ESCALATION			DRILL [	DOWN TO CRM DRIVERS $ ightarrow$	Year	2022				То
					Department	June	July	August S	eptember	•
Year	-	022			PASSAVANT HBC	430	361	408	390	2
1	May June July	August Septembe	r		ST. MARGARET	235	207	218	219	1
RM 2	2116 2044 1754	1835 185	5		PUH	236	197	223	219	1
RM MoM Change 2	2116 -72 -290	81 20			MERCY	188	154	170	252	1
g Days to Resolve CRM	1.26 1.46 0.74	0.70 0.8	1		MONROEVILLE	219	211	141	151	
g Days to Resolve CRM MoM Change	1.26 0.20 -0.72	-0.04 0.12			MAGEE	187	123	116	127	
of CRMs Escalated	28% 23% 17%	18% 19%	6		SOUTH HILLS/BRIDGEVILLE	150	108	135	113	
					WHITE OAK	57	74	94	72	
					SHADYSIDE GEN CARD	59	87	65	75	
2K					SHADYSIDE EP	67	57	85	53	
587	477				HVI LATROBE/GREENSBURG OFFICE		57	40	58	
501	477	301	331	351	NORTH HILLS/WEXFORD	37	13	22	23	
		301			HVI WEST MIFFLIN OFC	24	31	29	28	
					HVI GREENVILLE HORIZON OFC	35	21	29	21	
1K ·····					HRZN SHENANGO	26	14	32	18	
1529	1567	1453	1504	1504	POWER FOX CHAPEL/SHADYSIDE	21	25	19	14	
					PUH NUCLEAR CARD	6	4	4	12	
					MRI PUH	5	4	2	2	
ок					ECHO PUH	3	3	3	5	
2022 May	2022 June	2022 July	2022 August	2022 September	JAMESON Total	3 2044	-	1835	د 1855	
OP 5 REASONS FOR CRM	CRM ES	CALATED   No	Yes		<					





Figure 9. CRM Dashboard Filtered by Practice

OF MIC TIVI CIXIM	DEPARTMENT PASSAVANT HBC			PERIOD       All	2059 <b>total crm</b>	1740 patients	1.74 avg days to resolve
CRM: RESOLUTION, ESO	CALATIO	N, & RE	ASONS		CRM: BY DE	PARTMEN	т
CRM REASONS All Year CRM Reason No Availability for Physician or Site / No Correct Openings (e.g. new patient or return patient) CRM		2022 July August 130 166	September 113	← BACK TO CRM METRICS	PASSAVANT HBC 470	June July August 430 361 408 430 361 408	Total           September
CRM MoM Change Avg Days to Resolve CRM Avg Days to Resolve CRM MoM Change % of CRMs Escalated	2.86 0.74	-57         36           0.74         0.88           -2.86         0.14           22%         25%	-53 0.86 -0.02 24%	v			
TOP 10 REASONS FOR CRM							
General Questions HVI Conderge No Availability for Physician or Site / No Corre Not Happy with Appointment Time Other	215	187	166	113 130			
One     Platient Refused to Schedule     Platient Schedule     Platient Schedule     Physician is a Do Not Schedule     Physician Template Unavailable for Future Date     Requesting Specific Date/Time that is Unavaila	55 52 29 20	41 35 30 29 23	52 36 30 23 21	42 42 36 29 29 29 25 25 25			
	2022 May	2022 June	2022 August	2022 September 2022 July			

Figure 10. Drill-Down View of CRM Drivers



Figure 11. UPMC HVI VCC Dashboard



Figure 12. Operational Commond of the Workgroup



Figure 13. UPMC HVI Echocardiography Vacancy Report as of June 2022



Figure 14. Functions and Features of myClinicalExchange

# 2.2 Tables

#### Table 1. VCC and CRM KPI Descriptions

VCC	
KPI	Description
Calls Offered	Total Calls fielded in a given month
Abandoned Call %	% of calls that were not answered
Average Speed to Answers	Average duration to field a call from the time it was offered
(ASA)	(reported in seconds)
CRM	
KPI	Description
Total CRMs	Total CRMs generated in a given month
Total CRMs Average Days to Resolve	Total CRMs generated in a given month Average duration for a practice to resolve a CRM (reported in days)
Average Days to Resolve	č č
	Average duration for a practice to resolve a CRM (reported in days)
Average Days to Resolve	Average duration for a practice to resolve a CRM (reported in days) CRMs that were not resolved within 24 hours (reported as Yes,

# Table 2. Current and Future State Goals for Echocardiography Training and Education

Current State	Future State Goals
Weak relations w/ local echo programs	Strong pipeline into clinical rotation from local echo programs
Uncoordinated student placements for echo clinical rotations across the service line	Standardized clinical rotation placement procedures
Decentralized tracking of student placements	Central database of echo students who completed a clinical rotation in a UPMC facility
No formal pathway from clinical rotation to employment with UPMC	Target recruitment efforts to new grads with clinical experience in a UPMC facility

#### Table 3. KPI Domains for Monitoring Echocardiography Student Placements

KPI Domain	Metrics/Methods
Clinical Rotation Program Growth	Total Successful Clinical Placements YoY Trending of Successful Clinical Placements Total Count of UPMC Sites Hosting Students Total programs Represented in Clinical Rotations
Recruitment	Total Count of Students Hired Immediately Following Graduation YoY Trending of Student Hires
Clinical Rotation Satisfaction	Student Satisfaction Surveys Clinical Rotation Preceptor Surveys Program Director Surveys

# **Bibliography**

- AAMC, Vizient. (2021). A Patient-Centered Approach to Optimizing Ambulatory Access: Insights from Leaders in Academic Medicine. AAMC and Vizient; 2021.
- AHA. (2021, November). *Fact Sheet: Strengthening the Health Care Workforce: AHA*. American Hospital Association. Retrieved February 6, 2023, from <u>https://www.aha.org/fact-sheets/2021-05-26-fact-sheet-strengthening-health-care-workforce</u>
- AHRQ. (n.d.). Access to Care. Agency for Healthcare Research and Quality. Retrieved January 31, 2023, from <u>https://www.ahrq.gov/topics/access-care.html</u>
- Blankstein, R. (2012). Introduction to Noninvasive Cardiac Imaging. Circulation, 125(3). https://doi.org/10.1161/circulationaha.110.017665
- Cole, B. (2021, December 29). *The Impact of The COVID-19 Pandemic on Access to Health Care*. National Academy of Social Insurance. Retrieved February 3, 2023, from <u>https://www.nasi.org/research/medicare-health-policy/the-impact-of-the-covid-19-pandemic-on-access-to-health-care/</u>
- Erskine, N. A., Waring, M. E., & McManus, D. D., et al. (2018). *Barriers to healthcare access* and long-term survival after an acute coronary syndrome. Journal of General Internal Medicine, 33(9), 1543–1550. <u>https://doi.org/10.1007/s11606-018-4555-y</u>
- Griffith, K. N., Li, D., Davies, M. L., Pizer, S. D., & Prentice, J. C. (2019, September 1). Call Center Performance Affects Patient Perceptions of Access and Satisfaction. The American Journal of Managed Care. Retrieved January 12, 2023, from <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8177735/</u>
- HHS. (2020, August 18). *Healthy People 2030: Building a Healthier Future for All.* U.S. Department of Health and Human Services. Retrieved February 6, 2023, from <u>https://health.gov/healthypeople</u>
- HHS. (n.d.). Health Care Access and Quality. Health Care Access and Quality Healthy People 2030. U.S. Department of Health and Human Services. Retrieved February 3, 2023, from <u>https://health.gov/healthypeople/objectives-and-data/browse-objectives/health-care-accessand-quality</u>
- Huron Consulting Group. (2019). *Ambulatory Growth Report Huron*. Retrieved December 26, 2022, from <u>https://www.huronconsultinggroup.com/insights/ambulatory-care-growth</u>

- Johnson, S. R. (2022, July 28). *Staff Shortages Choking U.S. Health Care System*. U.S. News & World Report. Retrieved January 20, 2023, from <u>https://www.usnews.com/news/health-news/articles/2022-07-28/staff-shortages-choking-u-s-health-care-system</u>
- Syed, S. T., Gerber, B. S., & Sharp, L. K. (2013). Traveling Towards Disease: Transportation Barriers to Health Care Access. Journal of Community Health, 38(5), 976–993. <u>https://doi.org/10.1007/s10900-013-9681-1</u>
- U.S. Bureau of Labor Statistics. (2022, November 14). *Diagnostic Medical Sonographers and Cardiovascular Technologists and Technicians : Occupational Outlook Handbook*. U.S. Bureau of Labor Statistics. Retrieved January 19, 2023, from <a href="https://www.bls.gov/ooh/healthcare/diagnostic-medical-sonographers.htm#tab-1">https://www.bls.gov/ooh/healthcare/diagnostic-medical-sonographers.htm#tab-1</a>
- Volk, A. S., Hollier, L. H., Karon, G. N., & Bank, D. E. (2019). The Effects of Session Standardization and Template Optimization on Improving Access to High-Demand Pediatric Subspecialty Care. Journal of Ambulatory Care Management, 43(1), 81–88. https://doi.org/10.1097/jac.00000000000312
- Wolters Kluwer. (2022, July 27). *Five Key Barriers to Healthcare Access in the United States*. Wolters Kluwer. Retrieved January 31, 2023, from <u>https://www.wolterskluwer.com/en/expert-insights/five-key-barriers-to-healthcare-access-in-the-united-states</u>