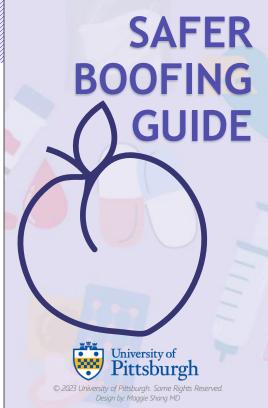
## Additional Resources

### Check out this step-bystep pictorial ———

Or search "Sessi Blanchard and boofing"



Place any state/city-specific resources here (e.g., local syringe service program)



# What's in your kit?



# Steps to BOOF

1 Poop!

- 5 Lube up the syringe tip
- Put drugs in cooker
- 6 Stand, squat, or lay on your side
- Mix with 1 mL sterile saline
- Push syringe in around 1-2 cm
- Draw dissolved drug up syringe
- Plunge & dispose the syringe

# **FAQ**



### What's boofing?

- Also known as plugging or booty bumping
  Using drugs rectally (in the butthole/anus)
- The rectum has a lot of blood vessels that can absorb drugs



#### Why boof?

- Faster & stronger high than smoking/ swallowing
  Give other parts of your body (veins/arms, nose)
- a break
  - If you can't hit a vein or your shot is starting to clot, you can take the needle off and boof to avoid wasting your drug



### Won't the drugs leak out?

- Anal muscles act as a seal to prevent leaking
- You can also lay down for 5-10 minutes to let the drugs absorb



#### Are there risks?

- The rectal lining is thin and easily irritated.
   Reduce damage by dissolving your drugs and using lubricant
- Since drugs are easily absorbed via the rectum, consider halving your first dose to decrease overdose risk. You can always use more later
- · Use a condom if having anal sex after