

## Additional Resources

Check out these other guides!



Video



Infographic



Or search "CATIE safer smoking"

Place any state/city-specific resources here (e.g., local syringe service program)

# SAFER SMOKING GUIDE



for crack cocaine



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# WHAT'S IN YOUR KIT?



## SAFETY TIPS

- Blood can get on a pipe through lip cuts & burns so sharing can transmit hepatitis C
- Inhale slowly & exhale right away to prevent burns
- Stem will be hot after use so handle with care
- Crack decreases your inhibitions. Practice safe sex
- Take breaks. Remember to eat/drink & sleep
- Pay the rent/bills and buy food first



## OVERDOSE PREVENTION

Crack cocaine and meth can be contaminated with fentanyl.

- Test your drugs
- Have naloxone available
- Start low, go slow
- Don't mix substances
- Never use alone

1

### Alcohol wipe

- Clean your hands, mouthpiece, and stem

2

### Wooden push stick

- Push screen or chore into place
- Wood is less likely to damage your stem

3

### Screens

- Use this as a filter. Twist into cone shape
- You can use also use Chore Boy
- Avoid Brillo (steel wool) as hot pieces can break off and damage your mouth, throat, and lungs. Its coating is also toxic

4

### Straight stem

- Use your own
- Use glass Pyrex as it's more durable
- Discard in sharps container if broken

5

### Mouthpiece

- Place onto end of the stem to prevent cutting or burning your lips

6

### Lip balm



## MOUTH CARE

- Apply lip balm after
- Drink fluids to keep your mouth moist and to reduce cracks & blisters
- Chew gum to keep mouth moist and reduce clenching
- Brush teeth or use mouthwash