

Developing a Holistic Measurement Plan for Transition to Adulthood

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Motivation

- Transition to adulthood is a process faced by all adolescents that occurs across multiple domains, including health, education, employment, finance and community.
- Significant structural barriers and social inequities exist on this pathway and are often ignored.
- Experts are invested in a “successful” transition, but are siloed and have historically created strategies to measure transition that are specific to their field and narrow in focus.

Project Description

Aim 1: Visually map the transition to adulthood of young adults and their caregivers.

Aim 2: Develop a holistic measurement plan for transition to adulthood with key stakeholder groups.

To develop an innovative holistic measurement plan for the transition to adulthood.



Context

- This project is significant because it directly engages youth, families, and key multidisciplinary stakeholders in comprehensive mapping exercises focused on understanding the elements of the transition to adulthood.
- We will partner with young adults who have recently transitioned to adulthood and their caregivers to explore and map their experiences, and identify key barriers and potential facilitators.
- We will then use these results to create a measurement plan for successful transition that is person-centered, relevant, and comprehensive.

Project Deliverables

- Visual maps of the transition experience of young adults and their caregivers
- A novel measurement strategy for transition to adulthood

Potential Impact

- The measurement strategy developed in this project will serve as a blueprint for the rigorous evaluation of future interventions to improving multi-systemic transition care.
- The results of this one-year grant will directly inform a variety of future grant applications and institutional initiatives related to transition for adolescents and young adults.

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